

# **BEACH BREEZE**

A Monthly Newsletter From Pacific Beach United Methodist Church

January 2026

# Interfaith Shelter Network Returns to PB UMC

By Kenneth B

As part of its ministry to the homeless community, PB UMC has served as a host congregation for the Interfaith Shelter Network (IFSN) for over 30 years. The success of this ministry is due to the volunteers and supporters who donated their time, talents, and services. In continuing this tradition of service to the community, PB UMC will be hosting the shelter program again in 2026, from January 17<sup>th</sup> to 31<sup>st</sup>. We need volunteers and there are a variety of areas where your help is of greatest need.

Set-up volunteers are needed early in the morning on Saturday January 17<sup>th</sup>. These volunteers will transport shelter guests' belongings from the previous host church to ours and set up cots.

Prior to the arrival of our shelter guests, we need volunteers to contribute breakfast and lunch food items for our guests to prepare their own breakfast and sack lunches as they leave for the day. We provide all items needed; please check out the items list in the church lobby.

During their two-week stay here at the church individuals or groups are needed to serve as dinner hosts. The dinner host prepares meals and serves the guests around 6:15 p.m. on their assigned evening. The church's kitchen is available for use for all meal preparations. As your IFSN coordinator, I am willing to work around your schedules so if you need to arrive at the church early to prepare your meal... no worries. After our guests finish their meal, they help clean the kitchen and then settle in for the evening.

Each evening an overnight supervisor volunteer is needed. Overnight supervisors eat with our shelter guests during dinner and sleep overnight in a private room.

The shelter program will end January 31<sup>st</sup> at PB UMC; therefore, we need volunteers to help with breaking down beds, collecting used linens for laundry and packing up our shelter supplies. The last and final area where we need volunteer help consists of washing the used bedding linens, blankets and returning them back to the church clean and folded for storage.

So where do you begin to volunteer? By looking at all open volunteer opportunities on the sign-up sheets located in the church lobby during worship services. If you have any questions, just ask me (email: kenb@pbumc.org).

IFSN is grateful for your continued support and service to this vital ministry to the community.



# Pastor Lori's Monthly Message

#### Beloveds in Christ,

While I long ago gave up New Year's resolutions, I find almost every year, as we roll from one calendar year to the next, that I look forward to some kind of a fresh start. In past years, I've sought a fresh start in a variety of different areas of my life...health, diet, exercise, hobbies, journaling, reading, education. I trust that many of you can relate! In fact, I would love to hear some of your "fresh start" stories, past and present!

As we've crossed the threshold into 2026, my "fresh start" for this new year is related to scheduling. I believe I am a lifelong learner in how to use my time effectively. This has been a journey of trial and error, with a heavy emphasis on the word error. Despite a few missteps, I've grown in my understanding of my own operating system and strive to find "a better way," not just for my own sake but in order to be of consequence to/for the people and world around me.

So in 2026, I'm trying a new thing. I have traditionally taken Mondays off but intend in 2026 to take Fridays and Saturdays off when I'm able. This will not always be possible as the life of the church has activities and events that land on Friday and Saturday. It will also require that I get my sermon written by Thursday...is it

possible?! I don't know! But when I'm able, I hope to take 1.5 to 2 days off per week. I find the older I get, the more intentional I need to be about finding rest, not only in body, but in heart and spirit as well. And while that's frustrating in some ways, it's humbling and helpful in others. I am reminded that we are intended – at every stage of our lives – to lean into and on the God who loves us and who fills our cups with what we need for the living of these days.

Please know that if you reach out to me with nonurgent matters on Friday or Saturday, I'll get back to you by the early part of the week. And, as always, please reach out to me with urgent needs and know I'll respond as soon as I'm able. I hope and pray this new calendar year brings some sense of a fresh start for you as well! Let us remember we belong to a God who believes in fresh starts and in new beginnings. May we embrace all that grace and generosity offered to us and may we be generous in extending it to others as well.

In Christ, Pastor Lori



### Special Church Conference in January

The January Church Council Meeting on Tuesday, January 20<sup>th</sup> via Zoom, will include a special Church Conference to vote on the budget for 2026. All are welcome; all members of PB UMC will have a vote. The Church Conference portion of the meeting will take place at 7:30 p.m. Watch for the Zoom link in the weekly church email or reach out to the office for information about how to attend.

Thank you to all those who have labored to create a budget that will enable us to be in mission and ministry in meaningful and effective ways in 2026! And thank you to the many members and friends of PB UMC whose continued faithfulness, stewardship and generosity enables PB UMC to share the light of Christ with each other, in our community and in the world.

### **Sunday School Ministry Group**

On Sunday, January 18<sup>th</sup>, the Sunday School Ministry Group will meet to assess, evaluate, pray and plan as we turn into the new year. We want to take a look at where we've been, what's working well, what needs attention and how we can continue to grow in nurturing our children, youth and families. All who would like to give their time, attention and support to this special ministry are welcome! We'll gather after church, approximately 11:20 a.m. in Room 205. If you have questions, please reach out to Pastor Lori.

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# We Care for One Another

# Ring in the New Year with Game Day!

By Hope A

We usually meet to play mahjong and other games at least one Sunday each month. January is no exception. We'll have our January play day on Sunday the 18<sup>th</sup>.

Please bring or buy and lunch and eat with us in the lanai (glass enclosed porch on the social hall) after worship— whether or not you stay for the games. Then at about

11:45 a.m. we'll probably pay play Pictionary for a few minutes before moving to the mahjong tables.

It helps to know who is coming so we have enough tables and tile sets ready. For more information, please talk to Kathy W or email me at <a href="https://example.com/HopeA@pbumc.org">HopeA@pbumc.org</a>.

Newcomers are encouraged—we are happy to teach!



# **January Communion Offering**

### **Human Relations Sunday**

Human Relations Day is a special Sunday focused on fostering better relationships and supporting community and youth outreach. In most United Methodist churches, this offering is collected the Sunday before Dr. Martin Luther King Jr.'s birthday to help bring his vision of a "beloved community" to life. But PB UMC will collect this offering as usual on the first Sunday of the month on our Communion Sunday.

Your gifts will support important programs like Community Developers, United Methodist Voluntary Services and Youth Offender Rehabilitation. In 2024 (the latest year statistics were available) over \$250,000 was raised to support these vital ministries through the Human Relations Day Sunday offering.

### Pastor Lori on Vacation: December 29th to January 11th

Everyone needs a break from time to time and our beloved Pastor Lori has decided the two weeks beginning after the last Sunday of 2025 will be her time.

Should any urgent pastoral needs emerge during this period, please reach out to the church office or to any church council member. The Rev. Dan Meyer-Abbott will be our "pastoral pinch hitter."



The Beach Breeze is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.

Beach Breeze Editor: Craig Roberts

# We Grow in Grace & Faith

#### Clockwise from right:

- 1) The PB UMC contingent won Best Float at the 2025 Pacific Beach Holiday Parade! Congratulations to float designer Louis Perez! (Photo by Tim A)
- 2) Jolene Persky and Philip Spence flank Louis during the annual preadvent Christmas decorating of the sanctuary. (Photo by Ron Jessee)
- 3) Pastor Lori and Mary Margaret Rowe pose with the 20 Christmas Basket bins that Mary Margeret and her son Chris assembled for the Community Christian Services Agency (CCSA). (Photo by Beau B)







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# We Reach Out to Others

# Good News: Just What the Doctor Ordered

By "Doc"

Santa Cruz- The Wave of the Future. Here's the story...

There is a paradox for surfers. They love the ocean and want to care for it, yet surfboards typically result in nearly 40% of their petroleum heavy materials being discarded. What to do—what to do?

Enter Swellcycle, a Santa Cruz company that has developed a method for 3D-printing surfboards out of plant-based materials like corn and sugar cane. The result? The boards are nearly 100% bio-degradable and even the manufacturing process is almost entirely solar powered.

And how did they compare to the old standard? One of the surfers testing the new boards said they were "...really fast and really fun." So stoked for the surfer dudes and our oceans!

Source: Molly McCrea, Anne Makovec & Corlos E. Castañeda; CBS News San Francisco

Laugh often & live healthy! :Doc



Recently PB UMC welcomed three new members: Sean S, Isaac S and Drew D. Above, Sean is at left and Drew at right as the rest of the Spence family and Pastor Lori lay hands on Isaac.

Photo by Mark B







# Circle of Support

# November 2025 Record of Generosity

	November 2025		
	Actual	Budget	
Giving Income	\$ 27,102	\$ 22,040	
Other Income	\$ 9,819	\$ 8,708	
Total Available for Ministry	\$ 36,921	\$ 30,748	
Total Expended for Ministry	\$ 33,726	\$ 35,836	
Income Minus Expenses	\$ 3,196	(\$ 5,088)	
	2025 Year-to-Date		
	Actual	Budget	
Giving Income	\$ 274,497	\$ 242,441	
Other Income	\$ 133,789	\$ 144,490	
Total Available for Ministry	\$ 408,286	\$ 386,931	
Total Expended for Ministry	\$ 405,460	\$ 420,835	
Income Minus Expenses	\$ 2,826	(\$ 33,905)	

#### Reflections From the Finance Team

#### By Heide T

Giving has been generous for the year – thank you for your gifts! Spending is under budget for the year – thank you to all those involved in managing resources! We are benefiting from improvements in our electric bill thanks to our new solar panels, and we will be able to contribute our full Apportionments to Cal-Pac. We are on track to wrap up the year with a significant improvement over our planned budget – again a huge thank you to all involved! Please watch for information about our Special Charge Conference in January to approve our 2026 budget.

We will continue to use and plan our resources wisely and trust in God, who provides. We are grateful for your ongoing generosity in prayers, presence, gifts, service, and witness.

Thank you for the many ways you support the mission and ministries of PB UMC!

#### **CHURCH STAFF:**

Lead Pastor: The Rev Lori Leopold Music Director: Ron Jessee

Director of Technical Arts: Michael Beu

Office Administrator: Susie Virgilio

Assistant Director of Technical Arts: Brian Kaplan Campus Maintenance Coordinator: Troy McGarrity

Church Office: www.pbumc.org/who-we-are/contact/ phone: 858-274-6573

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# Calendar of Events

Every Sunday: 10:00 am, Worship Celebration Child Care Available

Week 1		Week 4	
Thurs, Jan. 1	NEW YEARS DAY	Sun, Jan. 18	9:30 am, Prayer Circle
	Church Office Closed		10:00 am, Worship
D: 1 0	7:00 pm, Narc Anon		11:20 am, Sunday School Ministry
Fri, Jan. 2	Church Office Closed		Group, Room 205 (p. 2) 11:45 am, Game Day (p. 3)
Sat, Jan. 3	10:00 am, Al-Anon 5:30 pm, Narc Anon	Mon, Jan. 19	MARTIN LUTHER KING
	5.50 pm, react thon	111011, 10111 15	DAY
Week 2			Church Office Closed
Sun, Jan. 4	9:30 am, Prayer Circle		6:00 pm, Al-Anon
3.5 7 .5	10:00 am, Worship	Tues, Jan. 20	6:00 pm, Choir Practice
Mon, Jan. 5	6:00 pm, Al-Anon		7:00 pm, Church Council (via Zoom) 7:30 pm, Charge Conference (via
	6:30 pm, Advent Small Group ("What Do You Fear?") via Zoom		Zoom) (p. 2)
Tues, Jan. 6	6:00 pm, Choir Practice	Wed, Jan. 21	11:30 am, Scripture and Sermon Study,
Wed, Jan. 7	11:30 am, Scripture and Sermon Study,	,	Narthex and via Zoom
,	via Zoom		4:00 pm, SD Project Grace
	4:00 pm, SD Project Grace	Thurs, Jan. 22	Beach Breeze Materials Due
Thurs, Jan. 8	9:30 am, Prayers and Squares Quilters		9:30 am, Prayers and Squares Quilters
Eri Ion O	7:00 pm, Narc Anon Church Office Closed	Fri, Jan. 23	7:00 pm, Narc Anon Church Office Closed
Fri, Jan. 9 Sat, Jan. 10	10:00 am, Al-Anon	Sat, Jan. 24	10:00 am, Al-Anon
Sat, Jan. 10	5:30 pm, Narc Anon	,	5:00 pm, PB Youth Turn Up –
	1		Gaga Ball Tournament (p. 5)
Week 3			5:30 pm, Narc Anon
Sun, Jan. 11	9:30 am, Prayer Circle		
,	10:00 am, Worship	Week 5	
	1:00 pm, Movie: "Born Yesterday"		0.20 am Prayar Cirala
	(1950), starring	Sun, Jan. 25	9:30 am, Prayer Circle 10:00 am, Worship
	Judy Holliday and William		1:00 pm, Movie: "The Court Jester"
Mon, Jan. 12	Holden (p. 8) 6:00 pm, Al-Anon		(1955) starring Danny Kaye,
Tues, Jan. 13	6:00 pm, Choir Practice		Angela Lansbury and Glynis
Wed, Jan. 14	11:30 am, Scripture and Sermon Study,	) ( I ) (	Johns (p. 8)
	Narthex and via Zoom	Mon, Jan. 26	6:00 pm, Al-Anon
TT1 T 1.5	4:00 pm, SD Project Grace	Tues, Jan. 27 Wed, Jan. 28	6:00 pm, Choir Practice 11:30 am, Scripture and Sermon Study,
Thurs, Jan. 15	12:00 pm, Lunch Bunch (below)	w cd, Jan. 20	Narthex and via Zoom
Fri, Jan. 16	7:00 pm, Narc Anon Church Office Closed		4:00 pm, SD Project Grace
111, 3411. 10	3:00 pm, Finance Focus (via Zoom)		5:30 pm, Storefront Ministries
Sat, Jan. 17	PB UMC Begins Hosting	Thurs, Jan. 29	7:00 pm, Narc Anon
	Interfaith Shelter Network	Fri, Jan. 30	Church Office Closed
	(IFSN) (p.1)	Sat, Jan. 31	PB UMC Ends Hosting IFSN (p.1)
	10:00 am, Al-Anon		10:00 am, Al-Anon
	5:30 pm, Narc Anon		5:30 pm, Narc Anon
			•

#### **Lunch Bunch**

Lunch Bunch is a monthly gathering of good souls, enjoying food and fellowship at one of our wonderful local restaurants. On Thursday, January  $15^{\rm h}$  we'll meet at noon for a no host lunch at Kyoto Sushi 3166 Midway Dr. Suite 108 .

Planning to attend? Please RSVP to the church office by Tuesday, January 13<sup>th</sup> so we can reserve a table big enough for all!



# We Love and Worship God

### January Worship/ Scriptures

**January 4** Epiphany

Holy Communion Matthew 2:1-12, 16-18 Guest Preacher Adam Marshall

**January 11** Proverbs 1: 1-7

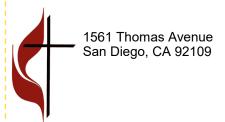
Guest Preacher Dan Meyer-

Abbott

**January 18** John 1: 29-42

**January 25** Matthew 4: 12-23

#### Pacific Beach United Methodist Church

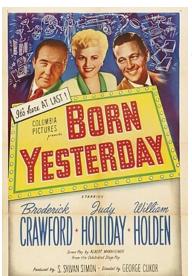


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#### **ELECTRONIC SERVICE REQUESTED**

# January Movies Are Two Classics from the 1950's

By Craig Roberts



Our January movie screenings reach way back into the 1950's for two hilarious films.

The first movie we'll screen in 2026 (on January 11<sup>th</sup>) is "Born Yesterday" (1950), released at the tail end of the year just in time to qualify for consideration for the 1950 Academy Awards—and it won Judy Holliday Best Actress! Holliday stars as Billie Dean, the "arm candy" of wealthy, unscrupulous Harry Brock

(Broderick Crawford) who descends upon Washington DC determined to "buy" himself a few Congressmen or Senators. William Holden stars as a reporter determined to expose him. Brock eventually discovers his "dumb blonde" isn't so dumb after all. George Kukor directed this classic.

On January 25<sup>th</sup>, we'll screen the 1956 comedy classic "The Court Jester," starring Danny Kaye, Angela Lansbury and Glynis Johns. Kaye stars as

a balladeer masquerading as a jester in medieval times. Think the legend of Robin Hood, only wackier.

Movies screen at 1:00 p.m. in Hughes Hall. Please bring anything you like to snack on (such as a late lunch)! And if you can't attend in person, consider putting our screened films on your personal watchlist and let me know if you enjoyed them (or if you didn't)!

