



Pacific Beach
United Methodist Church

BEACH BREEZE

A Monthly Newsletter From Pacific Beach United Methodist Church

August 2023



Come Join the August Pick-Up Choir!

By Ron Jessee

Greetings, Everyone! Summer is in full swing, and so are the PB UMC Voices of Praise. We will be singing through the month of August. This would be the perfect time to dust-off your “shower room” singing chops to hang out with the choir. There will be no Tuesday night rehearsals. We’ll gather on Sunday Morning at 9:00 am to sing through the service music. Come on down and take part in this great opportunity to give back to the congregation through song.



Good Samaritans

By Jesse Hodge, Director of Education

I just want to tell you a little bit more about Good Samaritan Ministry. You may have read in the *Beach Breeze* a couple of months ago that this used to be Stephen Ministry for us. We are now going in a new direction as it is a better fit for our congregation and for La Jolla United Methodist Church as we are in collaboration for this ministry. I want to point out our new logo. It was created by our very own Doc Nelson. You can see that it’s beautiful, vibrant, and represents the bright future that this ministry holds for us moving forward.

If you know of someone that is struggling with loss of any kind, a transition in life, or can use someone to be there with them during this time, Good Samaritan Ministers are available, and are an extension of pastoral care to help meet your needs. If you have questions, or want to discuss a connection with a Good Samaritan Minister for you or someone that you know that would benefit from this ministry, please don’t hesitate to contact me.

A Message From Pastor Lori

Beloveds in Christ,

As we shared in last month's *Beach Breeze*, the theme for our California Pacific Annual Conference this year was "Nourish." Our new bishop, Dottie Escobedo-Frank focused heavily on the need for and the value of rest. She spoke from her own experience of needing to pause and take meaningful breaks at various times in her life to be filled for the work and ministry that was ahead. I feel certain that all of us have known times in our lives when we've been on the brink of exhaustion, times when we've continued to carry on even when we've felt entirely depleted. While this stance might be encouraged by our cultural values and norms, it is not spiritually sound. We are reminded over and over again in scripture that rest is essential. Even God, God's self, rested for an entire day.

As we returned from Annual Conference, our delegation talked about ways we might encourage rest and renewal for our congregation. Like all congregations everywhere, we have labored through the ordeal of the pandemic. We struggle with post-pandemic finances and knowing where/how to be in ministry in this unique time and place. This is vital, essential work that requires us to be rested and well. So, we're making a few changes for the month of August. We'll feature a sermon series that takes us through the biblical notions of rest and renewal. We've also paused many of our meetings. The busy work will always be with us! We hope folks will use the extra time this month to do something that "fills their cups" and brings peace, focus, and joy.

We've also added a few extra elements of fun in August! Play and laughter can be profoundly restorative! So, we invite you to join in wherever and however you like. We'll be having a wide-open gender bender dance party each Friday in August in the social hall. Our own Diane will DJ and Doc will be teaching us some ballroom moves. We'll also have our Hymn Sing and Potluck at the parsonage on the 4th Thursday of August. It's a great time of eating, singing, and fellowship! Please know you are welcome at one or both movie nights on August 6th and 20th. And Louis will be offering a flower arranging class on Saturday, August 26th to teach us all how to add more beauty into our lives! In addition to these things, I encourage you to spend some time thinking or praying or doodling or journaling about rest in your own life. Where are you weary? What kind of break do you need? What might restore you? How can you lean into holy rest? August is a month where my personal motto is going to be "less is more." I hope you'll join me in taking intentional time and space to find rest for your body and spirit that we might, individually and together, be renewed for the holy journey that is yet ahead for us.

In Christ,

Pastor Lori



We Care for One Another

Children's Ministry

By Jesse Hodge, Director of Education

Kidz Korner

This was Madison and Patty's first-time doing Children's Time for us and our kiddos. We are so thankful to have them as a new addition to our Children's Time ministry!

Children's Time With Madison
July 9, 2023



Outdoor Church with Patty
July 2, 2023

Photos by Jesse Hodge

The children have been enjoying socializing and art activities this summer. We'll continue with more socializing and fun activities throughout the month of August and will start back up with our regular Sunday School lessons using Whirl! curriculum in September.

We're still looking for more youth and Sunday School teachers to volunteer and join us once a month!

Gently Used Toys for Children and Youth Rooms

We are cycling through some of the toys that we currently have in the nursery, children's Sunday School room, and youth room. If you have any gently used toys that you would like to donate, please let me (Jesse) know.



Vacation Bible School

We are partnering up with La Jolla United Methodist Church and will have Vacation Bible School (VBS) August 7-11. It will be from 9:00 a.m. to 12:00 pm at La Jolla UMC. If you would like to send your school-age child or would like to volunteer, please let Jesse H. know.

The *Beach Breeze* is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.



We Grow in Grace & Faith

4th Thursday Hymn Sing and Potluck— Summer Style

We've loved our 3rd Thursday Hymn Sing and Dessert Potlucks. For the summer months, we plan to expand. *Although in the month of August, we'll gather on the 4th Thursday!* Please join us at the parsonage on Thursday, August 24th, anytime between 5:30 pm and 8:00 pm for a time of food, fellowship, and singing! The church BBQ now resides at the parsonage, so we'll fire it up and provide some hotdogs and hamburgers. Please bring a side or a dessert and anything you'd like to drink. You're also welcome and encouraged to bring an instrument. All ages are very welcome. No singing is required! Please RSVP to Pastor Lori or the church office so we can plan accordingly.



“I Like to Move It, Move It!”

By Lynn “Doc” N.



Time to hit the dance floor folks. If you ever wanted to learn to dance, wanted to tune up your dance moves, or just want to dust off your dancing shoes, it's time to join us for *FootLoose Fridays!*

Meet us in the social hall all four Fridays in August to learn Ballroom Dancing. Some might think it's outdated, but the truth is you can use ballroom dance steps to nearly anything, and having some moves on the dance floor makes every occasion more fun. If you don't have a dance partner, we'll share! Aug 4, Waltz; Aug 11, Foxtrot; Aug 18, Swing; and Aug 25 is TBA, so you'll have to join us to find out.

If you're inhibited or self-conscious about your dancing, no worries. These steps are easy and fun to learn, they're great exercise, and a different way to get together for some social time. I didn't learn to dance until well into my 30s and even 40s for some dances. I'm still learning new ones all the time--so I get it. But ever since I started learning some moves, I just can't stop my happy feet and that's a wonderful way to be.

Can't Stop Dancing. ~Doc

We Reach Out to Others

PB UMC Council Notes

Staff-Parish Relations Focus Group (SPRC)

By Patty R. and Ray McC.

We would like to remind everyone that services for our dear Dee Baraw will be held at La Mesa First UMC, on August 12th at 12:00 noon. Dee served as our Youth Minister from 2005 to 2019 and had a wonderful influence on the lives of countless youngsters and their parents. She also did a lot of amazing work within the LGBT community.

Dave Hoskins, our general handyman and person responsible for installing our new Friendship Rock Garden, joined the Saints in Glory within the last month. He started helping at PB UMC 21 years ago because he lived next door to the church. He helped prepare, serve, and clean up after Wednesday's Project Grace dinner. He helped everywhere—with painting, maintenance, upkeep, and gardening. Much of what he did went unnoticed. Choir members who got to Sunday church early would often find him picking up litter in the parking area and performing many other "small" things that needed to be done. His sister and family will travel from Oregon to attend his service. Also attending will be local friends who found grace in Dave's kind and gentle spirit. His service will be here at PB UMC on August 6th at 2:00 pm.

Staff Parish (SPRC) and Church Council will soon be working with a program through Chula Vista UMC to hire a Social Media/Marketing intern from San Diego State. This person will help us put our best face out in the San Diego community to make San Diegans aware of us and our many ministries.

Finance

By Heide T.

Wrapping up the second quarter of the year, we are pleased to say that overall, we are operating within our plan. We budgeted for a deficit as we entered 2023 and have managed to stay ahead of it, sometimes more, sometimes less, but overall, we are less in deficit than we had anticipated by the mid-point of the year. Thank you for your faithfulness and support for the mission and ministries of PB UMC!

August Lunch Bunch

Join us on Thursday, August 10th, for lunch at Café Athena in Pacific Beach. We will meet at noon for a time of good food and fellowship! If you plan to join us, please contact the Church Office and/or Pastor Lori so we know how many to anticipate.

Do you have a favorite spot for lunch? Let us know and we'll schedule a future Lunch Bunch in your neighborhood.

Save the date for next month: September 14th.

Circle of Support

June 2023 Record of Generosity

	Actual	Budget
Activity in June		
June Giving	\$20,236.15	\$30,232.11
June Other Income	\$7,421.79	\$8,569.50
Total Available for Ministry	\$27,657.94	\$38,801.61
Total Expended for Ministry	\$30,933.96	\$37,083.70
Income Minus Expenses	(\$3276.02)	(\$1,717.91)
2023 Year-To-Date		
Giving	\$141,372.90	\$149,558.66
Other Income	\$49,196.21	\$51,417.00
Total Available for Ministry	\$190,569.11	\$200,975.66
Total Expended for Ministry	\$211,462.08	\$222,515.20
Income Minus Expenses	(\$20,892.97)	(\$21,539.54)

Reflections From the Finance Team By Heide T.

While our giving has been less than planned, our faithful administrators have managed to keep expenses down. We are rounding out the mid-point of the year a bit ahead of where we had anticipated—while still in deficit, we are in less of a deficit than we had planned.

As is generally the case, the income to support Project Grace,

our meal service feeding those who are experiencing homelessness, comes in sporadically throughout the year. The creative and faithful support of our congregation maintains Project Grace as a valued ministry in our community. Thank you for the many ways you support Project Grace and all the other aspects of our ministry!

Blessing of the Backpacks

If you're heading back to school this year, no matter what your grade level is (K-12, college, vocational school, etc.) bring your backpacks to the worship service on August 13th for the Blessing of the Backpacks.

August Communion Offering Peace With Justice

Our principles call us to love our enemies, seek justice, and to serve to reconcile conflict. Peace with Justice enables The United Methodist Church to have a voice in advocating for peace and justice through a broad spectrum of global programs and ministries to educate, equip, and mobilize actions in support of economic, health, and gender justice priorities.

Peace with Justice is one of six churchwide Special Sundays of The United Methodist Church.

Fifty percent of our communion offering this month remains with our annual conference, and fifty percent is administered through the UMC General Board of Church and Society.

CHURCH STAFF:

Lead Pastor: The Rev Lori Leopold
Music Director: Ron Jessee

Director of Education: Jesse Hodge
Office Administrator: Susie Virgilio

Church Office: www.pbumc.org/who-we-are/contact/ phone: 858-274-6573

Calendar of Events

Worship Times

10:00 am, Worship Celebration
Child Care Available

Week 1

Tues, Aug 1 9:30 am, Prayers and Squares
Quilt Group
7:00 pm, District Prayer Meeting
Wed, Aug 2 7:00 am, AA
4:00 pm, SD Project Grace
Thurs, Aug 3 7:00 pm, Narc Anon
Fri, Aug 4 7:00 pm, Footloose Friday (p 4)
Sat, Aug 5 10:00 am, Al-Anon

Week 2

Sun, Aug 6 9:00 am, August Pick-Up Choir (p 1)
9:30 am, Prayer Circle
10:00 am, Worship and Communion
2:00 pm, Celebration of Life
for "Painter" Dave Hoskins (p5)
5:00 pm, Movie Night, "It's a Mad, Mad,
Mad, Mad World" (p. 8)
Mon, Aug 7 Vacation Bible School at LJ UMC Begins
6:00 pm, Al-Anon
Wed, Aug 9 7:00 am, AA
4:00 pm, SD Project Grace
Thurs, Aug 10 Noon, Lunch Bunch (p. 5)
7:00 pm, Narc Anon
Fri, Aug 11 7:00 pm, Footloose Friday (p 4)
Sat, Aug 12 10:00 am, Al-Anon
Noon, Celebration of Life for
Dee Baraw at La Mesa First UMC (p 5)

Week 3

Sun, Aug 13 9:00 am, August Pick-Up Choir (p 1)
9:30 am, Prayer Circle
10:00 am, Worship
Blessing of the Backpacks (p. 6)
Mon, Aug 14 6:00 pm, Al-Anon
Tues, Aug 15 9:30 am, Prayers and Squares
Quilt Group
Wed, Aug 16 7:00 am, AA
4:00 pm, SD Project Grace
Thurs, Aug 17 7:00 pm, Narc Anon
Fri, Aug 4 7:00 pm, Footloose Friday (p 4)
Sat, Aug 19 10:00 am, Al-Anon

Week 4

Sun, Aug 20 9:00 am, August Pick-Up Choir (p 1)
9:30 am, Prayer Circle
10:00 am, Worship
5:00 pm, Movie Night,
Freaky Friday (p.8)
Mon, Aug 21 *Beach Breeze Materials Due*
6:00 pm, Al-Anon
Wed, Aug 23 7:00 am, AA
4:00 pm, SD Project Grace
5:30 pm, Storefront Ministries
Thurs, Aug 24 5:30 pm, Hymn Sing and Potluck (p. 4)
7:00 pm, Narc Anon
Fri, Aug 4 7:00 pm, Footloose Friday (p 4)
Sat, Aug 26 10:00 am, Al-Anon
2:00 pm, Fun With Flowers (and Louis!)



Denny and Dick Selecting
the New Courtyard Tree
July 2023

Week 5

Sun, Aug 27 9:00 am, August Pick-Up Choir (p 1)
9:30 am, Prayer Circle
10:00 am, Worship
Mon, Aug 28 6:00 pm, Al-Anon
Tues, Aug 29 9:30 am, Prayers and Squares
Quilt Group
Wed, Aug 30 7:00 am, AA
4:00 pm, SD Project Grace
Thurs, Aug 31 7:00 pm, Narc Anon



Volunteers Preparing the 2023 Pride Float

Photo by Pastor Lori

We Love and Worship God

August Scriptures

- August 6** Worship and Communion
Genesis 2:1-3; Exodus 20:8-11
- August 13** 1 Kings 19:1-9; Psalm 23
- August 20** Blessing of the Backpacks
Matthew 11:28-12;12;
Mark 6:31-44
- August 27** Guest Preacher:
Adam M.-L.
Exodus 16:1-5;
Psalm 62:5-8

Pacific Beach United Methodist Church



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Join Us in Hughes Hall For Some Funny Movies!

By Craig R.

the biggest entertainment ever to pack the screen with laughter!



Our first August movie will be screened August 6th: the 1963 comedy classic *It's a Mad, Mad, Mad, Mad World*. This movie was one of the first to be able to claim an "all-star cast" as almost every notable comedic actor of the mid-20th Century participates. Be sure to bring a snack: it clocks in at about three hours and 20 minutes!

Two weeks later, on August 20th, we'll show our latest "all ages" comedy: the 2003 remake of *Freaky Friday*, starring Lindsey Lohan and Oscar-winning actress Jamie Lee Curtis.



All movies are screened in Hughes Hall beginning at 5:00 pm. We offer popcorn, lemonade and other snacks but feel free to bring your own.