



Pacific Beach  
United Methodist Church

# BEACH BREEZE

A Monthly Newsletter From Pacific Beach United Methodist Church

March 2017

## *PB UMC Making a Difference*

### *Interfaith Shelter Family*

Thank you for all you have done for us. We truly thank you.



### *Shoreline Ministries*

Pastor Bob and Members of the Finance Committee,

During our stewardship series, this last year, many of our congregation members expressed an interest in giving toward the Project Grace meal. One of the powerful advantages of giving in this way is that many corporations will match the employee's given funds.

This along with a wonderful anonymous donation, of \$500, brings our total to \$1,408. We are seeing more activity and interest in supporting the Project Grace meal and the connected homeless volunteer program.

We are pleased to submit these funds for continued use in easing the church's budget constraints in this area and look forward to many more communications of this kind.

Thank you as always for your continued support.

Sincerely,  
Beth R.  
Executive Director



Pastor Bob and Members of the Finance Committee,

Two of our dedicated congregation members serve as employees of SDG&E. One of these dedicated members, Terre F., submitted a grant application for SDG&E's Season of Giving Grant on behalf of Project Grace.

We are happy to say that this grant was awarded to us! It provides a sum of \$750 toward Project Grace holiday meal expenses. Enclosed please find a check in this amount made out to Pacific Beach United Methodist Church.

The congregational interest in donating to and seeking out new or renewing funding sources has seen an increase during these last several months. As these monies arrive, we will submit them consistently and directly for continued use in easing the church's budget constraints in this area.

Thank you as always for your continued support. We look forward to more letters of this kind in the future.

Sincerely,  
Beth R.  
Executive Director

## Pastor Bob's Printed Blog

Dear friends...

**T**his month, we enter into the season of Lent. Traditionally, the Lenten season is a time of reflection and introspection as we look toward Easter. Beginning with Ash Wednesday, the season continues for forty days (not including Sundays) through Holy Week and ending just before Easter Sunday.

This is a season where Christians often focus on acts of simple living, prayer, or even various forms of fasting. We do this in order to focus ourselves more fully on God. These practices are in remembrance of Jesus' wilderness journey. At his baptism, the sky opened and a voice from Heaven identified Jesus as God's son. Afterward, Jesus is driven by the Spirit into the wilderness for forty days where he fasted and prayed, where he experienced temptation, and emerged prepared and focused on his ministry.

We have this opportunity as well, to follow a model of shedding unhelpful or unnecessary things in an effort to prepare and focus ourselves for the ministry that God calls us to do. Even in the face of weakness or temptation, we may find ourselves ready to follow a call we have already known or perhaps be guided in new directions.

The forty days of lent may be seen as a tithe – ten percent of a year. And just like a tithe, it is not meant to restrict us to focusing on God only for a limited period of time. When we take the Lenten season to bring ourselves closer to the Divine, we may find the experience changes us in such a way that we continue to live even beyond the end of the season in new and different ways.

There are many possibilities for simplifying life, fasting, or praying during the Lenten season. Fasting can not only include a broad abstention from food (being careful about health and consulting a health professional if necessary), but could include fasting from candy, soft drinks, television, meat, or cigarettes. Some Christians will skip one meal each day in Lent and spend the time in prayer. Fasting could include giving up an activity and spending the time outside, experiencing God's creation.

Others may take on an additional activity during the Lenten season. Perhaps an exercise routine or a choice to spend time with a family member or friend may be an option. Sometimes giving time to a community program or justice work could be a Lenten practice. Another possibility would be to take on a

regular time of intentional prayer or a regular devotional practice.

For more ideas, here are ten possibilities shared by Rev. Penny Ford, a United Methodist Pastor in Carrollton, Alabama:

- \* 10. An electronic fast – giving up TV or social media or even all things electronic.
- \* 9. Start a prayer rhythm. – Go to the Prayer Wall at the Upper Room (<http://prayer-center.upperroom.org/prayer-wall>) and pray for another person.
- \* 8. Go deeper into the Bible. – Take on a regular reading practice.
- \* 7. Forgive someone – maybe even yourself.
- \* 6. Give up fast food, tea or coffee. – Give the money you save to a worthy charity.
- \* 5. Create a daily quiet time. – Consider 10 minutes a day in silence and prayer.
- \* 4. Cultivate a life of gratitude. – Write a thank-you letter every week, or even every day!
- \* 3. Practice a Lent Photo-a-Day practice. – Share the photos!
- \* 2. Volunteer an hour or more each week – feeding programs, tutoring, hospitals, or nursing homes.
- \* 1. Pray for others you see – as you drive, walk, bike, work.

And of course, don't forget to join in Worship each Sunday in Lent as we talk through some important things to give: control, expectations, superiority, enemies, our lives, popularity, and death. These will be supported by small groups that will meet throughout the Lenten season. Please see these leaders for more details.

- ◆ Judi P. will lead on Tuesdays at 7 pm at her home in El Cajon.
- ◆ Malea S. will lead on Wednesday evenings at the home of Mary Margaret Rowe in PB.
- ◆ Dee Baraw and Pastor Bob will lead on Thursdays at 1:30 pm at PB UMC.
- ◆ Al H. will lead on Saturdays at 9 am at PB UMC.

It is my hope that this Lenten season will bring a renewed focus on our faith and our God. May we always continue to grow to be more Christ-like.



Pastor Bob

# *We Care for One Another*

## *Ladies Day Out*

**S**aturday, March 18, our ladies will meet at 9:00 am. Our venue this month is 85 Degrees Bakery, Mira Mesa, in the Target shopping center at the corner of Mira Mesa Blvd and Camino Ruiz.

We have gone to 85 Degrees in Clairemont several times, and it is a favorite of this group. This month we'll visit a sister location — in Mira Mesa. Their menu includes the same awesome baked goods and coffee/tea drinks! There is plenty of parking.

For more information, contact Dart, [dartr@pbumc.org](mailto:dartr@pbumc.org).



## *Limited Office Hours in March*

**T**he church office will be running on limited hours from March 6<sup>th</sup> to 20<sup>th</sup>. Aimee, our administrator, will be taking a long-anticipated vacation to an unknown, but tropical, destination. During the time that she is away, the office will be staffed for only two half-days each week.

Open office hours will be:

- ♦ Tuesday, March 7, and Wednesday, March 8, from 9 am to noon, staffed by Rick B.
- ♦ Tuesday, March 14, and Wednesday, March 15, from 9 am to noon, staffed by Hope A.

During the times that the office will not be open, please feel free to leave a message on the office phone (858-274-6573) or email ([admin@pbumc.org](mailto:admin@pbumc.org)). The phone and email will be remotely monitored on a daily basis, and any urgent pastoral needs will be brought to the attention of Pastor Bob or our lay leader, Rick C.

## *Pre-Easter Work Day*



**O**n April 8<sup>th</sup>, we are looking for any and all willing volunteers to join us in a work day to straighten up the church attic and generally spruce up the grounds in preparation for Easter Sunday. In addition to sorting through and thinning out the items in the attic, we could use extra hands for a variety of other projects such as organizing storage cabinets, light garden work and preparation of the audio/ video equipment for continued weekly live streaming.

The clean-up is expected to last from 9 am to about noon. However, If you are a late riser or have plans later in the morning, but would still like to pitch in, your help is welcome for whatever length of time you can spare. Lunch will be provided. Please RSVP to Amy S. at [a\\_csamuel@yahoo.com](mailto:a_csamuel@yahoo.com) if you are expecting to attend.

The *Beach Breeze* is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at [www.myPBchurch.org](http://www.myPBchurch.org).

# We Grow in Grace & Faith

## March Youth Ministry Activities



### Grace Notes

**G**race Notes (our young persons' choir) is moving full steam ahead, learning songs ranging from traditional camp tunes to spirituals. We were so excited to perform in February, and hope you enjoyed it as much as we did!

We are still welcoming new members so if you are interested please come check us out, from 10:00 - 10:30 am in the upstairs choir room. All ages are welcome.

#### Saturday, Mar 4

- Attend CYT production of High School Musical. Check with Dee for more information.

#### Sunday, Mar 5

- No extra youth activity due to a camp leadership meeting that Dee and Cliff need to attend.

#### Friday, Mar 10 — Sunday, Mar 12

- All church family camp. See you at camp!

#### Sunday, Mar 19

- 6:00 am - 4:00 pm UMYF invited to join Vista UMC youth on an outing to take the train to Museum of Tolerance in LA. Cost \$40.00.

#### Sunday, Mar 26

- 4:00 pm - 6:00 pm UMYF

For more information on these events or our youth ministry program, contact Dee at [DeeB@pbumc.org](mailto:DeeB@pbumc.org).



## Lenten Season Small Groups

Tuesdays at 7:00 pm — Judi P. will lead at her home in El Cajon.

Wednesday evenings — Malea S. will lead at the home of Mary M. R. in PB.

Thursdays at 1:30 pm — Dee Baraw and Pastor Bob will lead at PB UMC.

Saturdays at 9:00 am — Al H. will lead at PB UMC.

Please see the leaders for more details.

## Bible Study Group "The Birthing of a New Community"

The Sunday morning Bible Study group continues during the month of March. Join them any Sunday morning at 9:00 am in the Lanai.

The readings for March are:

- March 5, The Source of All Love, 1 John 4:7-19
- March 12, God's Overflowing Love, Ephesians 4:1-6
- March 19, God's Love Manifested, John 15:1-17
- March 26, God's Love Restores, Joel 2

# *We Reach Out to Others*

## *Sunday Concert for March*

**M**ark your calendars for March 19, 2017, the *third* Sunday in March, to hear the second concert in our 2017 Sunday series. We will host the Iowa State Singers, under the direction of Dr. James Rodde, at the 9:00 am worship service. Be sure to note the change of day and time, then join other music-lovers for an exceptional experience.

Iowa State Singers



## *Opportunities for You to Help Our Youth Grow in Their Faith*

**D**ear PB UMC family,  
I appreciate your continued generosity and support of the children and youth who are part of our church family. We will have some upcoming fundraisers that I would like to alert you about. We will start putting our envelopes out on Sunday mornings. If you are new, one of the youth can explain how they work.

We will be raising funds for our Mission Trip and camp scholarships, but there is also an event coming up in March that a few of our youth would need sponsors in order to attend. We have been invited to join other youth to take the train to LA and walk to the Museum of Tolerance. The estimated cost is \$40.00 per person. For some of our families, especially those with more than one youth, this price may be prohibitive. I feel this is an important educational outing and would hate for price to stand in the way. If you can help a family offset this cost, we would appreciate it.

Thanks again,  
Dee Baraw

## *Spreading Beauty and Love through Flowers!*

By Dart R.



**R**ecently my friend Blanca had a six-day I asked the Flower Ladies if they I visited after church. Ask and you women created a most lovely arrangement of were so perfect for a beautiful woman named Blanca! What a special gift! She was very touched, and I was proud to present this gift from PB UMC. Thank you to the wonderful Flower Ministry team, and to our own Louis P. (Minister of Sanctuary Beauty) for bringing so much loveliness to our church family, and to all the people who so richly bless us by contributing the funds for altar flowers.

hour surgery on a Saturday. The following had an extra flower for me to take her when shall receive - abundantly! These wonderful white flowers in a vase. The white flowers



# Circle of Support

## January 2017 Record of Generosity

	Budget	Actual
January giving	\$23,549	\$22,063
January other sources of income	\$10,102	\$12,796
January total available for ministry	\$33,652	\$34,859
January expended in ministry	\$33,652	\$36,515
January income minus expenses	\$37	(\$1,656)
YTD giving	\$23,549	\$22,063
YTD other sources of income	\$10,102	\$12,796
YTD total available for ministry	\$33,652	\$34,859
YTD expended in ministry	\$33,652	\$36,515
YTD income minus expenses	\$37	(\$1,656)
Year 2017 budget	\$403,818	

### Sharing the Grace of God in Worship

February 5 – 168 persons  
February 12 – 177 persons  
February 19 – 167 persons  
February 26 – 177 persons

Avg. Weekly (2017) – 159 persons

Year Totals (2016) – 8601 persons  
(165/week)

### Joined at Christ's Table on Wednesday Nights

February 1 – 164 persons  
February 8 – 133 persons  
February 15 – 176 persons  
February 22 – 129 persons

Year Totals (2016) – 6777 persons

## Reflections from the Finance Team

**S**o far this year, so good. Income is about as projected. Expenses are a little above budget because of several items paid in January that we don't pay every month, including property tax for the rental units, a deep cleaning, water & sewer bills, and refreshing the postage meter. This year's budget is a half percent increase over 2016 (+\$2,199), but is based more firmly on pledged income rather than the optimistic projections we used last year. Thank you for your continued prayers and support!

## Correction

**T**he February 2017 Voices of Praise profile of Judi P. (page 8) stated she retired from Grossmont College. It should have read Grossmont High School.

## March Communion Offering: One Great Hour of Sharing

**O**ne Great Hour of Sharing calls United Methodists to share the goodness of life with those who hurt. The United Methodist Committee on Relief (UMCOR), is the humanitarian arm of The United Methodist Church. Your gifts to One Great Hour of Sharing allow UMCOR to share God's love with communities everywhere. The special offering underwrites costs of doing business. This helps to keep the promise that 100 percent of any gift to a specific UMCOR project will go toward that project, not administrative costs.

UMCOR's work reaches people in more than 80 countries, including the United States. UMCOR provides humanitarian relief when war, conflict, or natural disaster disrupt life to such an extent that communities cannot recover on their own.

### CHURCH STAFF:

Pastor: The Rev Bob Rhodes  
Office Administrator: Aimee Kay  
Music Director: Ron Jessee

Sunday School Coordinator: Malea Sandstrom  
Youth Ministry Coordinator: Dee Baraw

# Calendar of Events

**Worship Times:**  
 9:00 am, Worship Celebration  
 10:30 am, Worship Celebration

**Sunday Music Rehearsals:**  
 8 am, Voices of Praise  
 (Adults & Youth)  
 10 am, Grace Notes

## Week 1

Wed, Mar 1 Ash Wednesday  
 5:30 pm, SD Project Grace  
 Thurs, Mar 2 5:15 pm, Handbell Choir rehearsal  
 7:00 pm, Choir rehearsal  
 Fri, Mar 3 7:30 pm, Narc Anon  
 Sat, Mar 4 9:00 am, Men's Prayer & Share  
 9:00 am, Prayers & Squares Quilters  
 Youth activity (p.4)

## Week 2

Sun, Mar 5 Worship, Communion Sunday  
 10:00 am, Grace Notes rehearsal  
 12:30 pm, GriefShare  
 Mon, Mar 6 6:00 pm, Al-Anon  
 Wed, Mar 8 5:30 pm, SD Project Grace  
 Thurs, Mar 9 5:15 pm, Handbell Choir rehearsal  
 7:00 pm, Choir rehearsal  
 Fri, Mar 10 All Church Family Camp Begins  
 7:30 pm, Narc Anon  
 Sat, Mar 11 9:00 am, Men's Prayer & Share



Our Youth Hosted a Dinner for Interfaith Shelter Guests



Youth Photos by Dee Baraw



## Week 3

Sun, Mar 12 2:00 am, Daylight Savings Time Begins  
 Worship  
 10:00 am, Grace Notes rehearsal  
 12:30 pm, GriefShare  
 Mon, Mar 13 6:00 pm, Al-Anon  
 Tues, Mar 14 6:00 pm, Staff Parish meeting  
 6:30 pm, Trustee meeting  
 7:30 pm, Finance Committee  
 Wed, Mar 15 5:30 pm, SD Project Grace  
 Thurs, Mar 16 5:15 pm, Handbell Choir rehearsal  
 7:00 pm, Choir rehearsal  
 Fri, Mar 17 7:30 pm, Narc Anon  
 Sat, Mar 18 9:00 am, Men's Prayer & Share  
 9:00 am, Ladies Day Out (p. 3)  
 9:00 am, Prayers & Squares Quilters

## Week 4

Sun, Mar 19 Worship  
 9:00 am Service, 2<sup>nd</sup> Sunday Concert,  
 on the 3rd Sun (p.5)  
 6:00 am, Youth train trip (p. 4)  
 10:00 am, Grace Notes rehearsal  
 12:30 pm, GriefShare  
 Mon, Mar 20 *Beach Breeze* Deadline  
 6:00 pm, Al-Anon  
 Wed, Mar 22 5:30 pm, Storefront Ministry  
 5:30 pm, SD Project Grace  
 Thurs, Mar 23 5:15 pm, Handbell Choir rehearsal  
 7:00 pm, Choir Rehearsal  
 Fri, Mar 24 7:30 pm, Narc Anon  
 Sat, Mar 25 9:00 am, Men's Prayer & Share

## Week 5

Sun, Mar 26 Worship  
 10:00 am, Grace Notes rehearsal  
 12:30 pm, GriefShare  
 4:00 pm, UMYF (p. 4)  
 Mon, Mar 27 6:00 pm, Al-Anon  
 Tues, Mar 28 9:00 am, *Beach Breeze* Folding Party  
 Wed, Mar 29 5:30 pm, SD Project Grace  
 Thurs, Mar 30 5:15 pm, Handbell Choir rehearsal  
 7:00 pm, Choir rehearsal  
 Fri, Mar 31 7:30 pm, Narc Anon

# We Love and Worship God

## March Scriptures

### Giving It Up

March 5, Genesis 2:15-17, 3:1-7;  
Matthew 4:1-11 "Giving Up Control"

March 12, Genesis 12:1-4a; John 3:1-17  
"Giving Up Expectations"

March 19, John 4:5-42 "Giving Up  
Superiority"

March 26, Luke 19:37-44 "Giving Up  
Enemies"

April 2, Ezekiel 37:1-14; John 11:1-45  
"Giving Up Our Lives"

Pacific Beach United  
Methodist Church



1561 Thomas Avenue  
San Diego, CA 92109

**CHANGE SERVICE REQUESTED**

**TIME SENSITIVE MATERIAL**

Non Profit  
Organization  
U.S. Postage  
\* PAID \*  
San Diego, CA  
Permit No. 174

## PLOT: First 2<sup>nd</sup> Sunday Concert of 2017

By Roving Reporter Marcia M.

**T**he first Second-Sunday Concert of 2017 was another amazing event. Point Loma Opera Theatre (PLOT), was our guest. PLOT is part of Point Loma Nazarene University, and is celebrating eight years of existence. The members have performed twenty operas over those years. We were very lucky to have them share parts of some of the operas with us on February 12. The group is extremely talented, both in singing and acting, and we all had a great time.

PLOT performed seven solos from some of those twenty operas. Performers did more than just sing to us; they acted out the part. Several of us got together after the concert and it was the unanimous opinion that we really got the feeling of what they were singing, even if it was in Italian and we couldn't understand a word.

They also sang songs from operas written in English, one of which is part of an upcoming PLOT performance in April. They finished the concert with a song in which all seven of the soloists participated. It was an outstanding end to an outstanding concert!

The next Second-Sunday concert will be presented at the 9:00 am worship service the *third* Sunday in March. As Pastor Bob said in his introduction to the PLOT concert, music is part of our DNA at PB UMC. So, I suggest you make every attempt to attend this and future Sunday Concerts. I am very disappointed that I will be out of town and will miss the next one. Hopefully you all will let me know what I missed.

Point Loma Opera Theatre

