



BEACH BREEZE

A Monthly Newsletter From Pacific Beach United Methodist Church

August 2016

PB UMC Takes Over Paradise Point on August 28, 2016

The location has been reserved, the bounce house has been ordered, and the caterer has been reserved.

Yes, it's just about that time again for our annual "Fun in the Sun" PB UMC picnic!

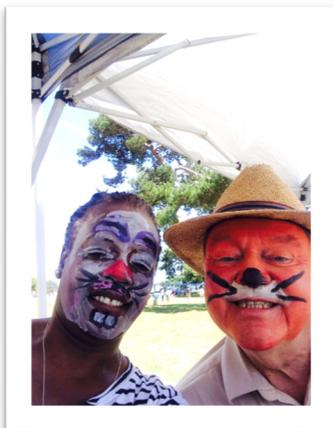
As usual the picnic will be held at Paradise Point, just about one mile south of the church on Ingraham, right in the middle of beautiful Mission Bay Park. Mark your calendars for Sunday, August 28th, between noon and 3 pm.

This year, our main picnic food will be sliders provided by Chef DK Catering. You can check out their slider offerings at chefdk.com/menus/slider-menu! We'll invite attendees to vote for up five of their favorites when they sign up. And, as usual, we'll have an assortment of water, sodas, and tasty desserts.

In addition to the bounce house, we'll have lots of fun and games for young and old alike.



The Bounce House



2015 Face Painting

Volunteers will be needed for a variety of tasks such as table/chair transportation to/from the church and after-picnic clean up (because we want to leave our beautiful park as pristine as we found it). If you can help with anything picnic-related (including bringing a dessert), please email picnic@pbumc.org. Remember, this IS an all-volunteer effort!

We'll start signing folks up Sunday, August 7th; last day to sign up will be Sunday, August 21st. The price will be \$15 for adults, \$10 for seniors, \$5 for children, and \$30 for families. Extra donations would be happily accepted to help defray the cost of the park reservation (\$122) and bounce house rental (\$140). We look forward to seeing you, your family and your friends at the picnic!

Don't Forget to Bring:

- *A sun Hat*
- *Sunscreen*
- *A light wrap in case of cool breezes*
- *An appetite!*



"Chow Down"

Pastor Bob's Printed Blog

A Nation of Privilege

I am a straight white cisgendered middle-class male. The reason it's important to name these things about myself is that these categories afford me a certain amount of privilege.

When I was in seminary – a Master's degree program for persons entering ministry – I had an exercise in a class where we were asked to write down a few words that described ourselves. I was surprised when I saw that some of my African-American and Korean friends named their nationality or race in the exercise and asked why these were important. Surely we were in an educated environment where these things didn't matter. And my friends lovingly explained the importance of naming these labels about which they were so often reminded. When a person is constantly told that they are [insert label here] and how that label limits them, it becomes important to claim that label in order to change its effect over you and even begin to redefine it.

At least that's what I think. I can't know because I haven't faced it myself. I'm a person of privilege.

There is surely the argument that privilege is not in-and-of-itself a bad thing. Some people are born into wealthy families, or are born into communities that offer advantage through connections. Some are born with extraordinary abilities, and some are simply born at the right place at the right time. While I may argue that privilege is a symptom of the system in which we live today and that the very existence of privilege means something is wrong, the reality in the short term is that privilege simply exists. Those with privilege are not automatically bad people, and those without are not automatically lazy.

What matters is how we who have privilege respond to that gift. What matters is how we use it.

As a straight white cisgendered middle-class male, I have not earned the privilege that is placed on me. But I choose to use it because – in the immortal words of Ben Parker (thanks Stan Lee) – “With great power comes great responsibility.”

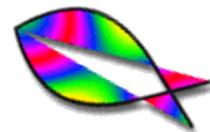
Because I have been given privilege, I must use that privilege to give voice to those whose voices have been silenced. I must give my breath to those who are unable to

breathe under oppression and racism and unfair systems.

As a Christian pastor, I continually teach and affirm One who had (has) all the power in the universe and who used (uses) that power to affirm and empower the members of his community that were on the edges of society: the thieves, the diseased, the unwanted, the unclean, the law-breakers, the religious minorities. As a person who regularly comes into contact with underserved and underprivileged persons, I am continually reminded that there is a deep ache within many of our neighbors. As communities, we must come together to see the pain that is present and to seek out ways to offer healing and hope. And we must do so beyond prayers and positive thoughts. We must do so beyond profile pictures and hashtags. We must do so both because of our privilege and in spite of our privilege.

We live in a nation where it is not enough to claim that #alllivesmatter because not all lives are affected in the same way by our varying levels of privilege. We must say that #blacklivesmatter, especially in light of the recent deaths of Alton Sterling and Philando Castile. We must say that #gaylivesmatter after the slaughter of 49 of our LGBTQIA siblings in Orlando. We must say that #muslimlivesmatter after recent international terrorist attacks during the month of Ramadan and the increasing hate crimes toward our Muslim siblings. We must say that #homelesslivesmatter, especially here in our own community, with the ongoing attacks on our unhoused neighbors like Angelo De Nardo, Shawn Longley, Manual Mason, and others yet unnamed. And yes, we surely must also remember that #policelivesmatter after the deaths of Officers Brent Thompson, Patrick Zamarripa, Michael Krol, Michael Smith, and Lorne Ahrens in Dallas.

I am a straight white cisgendered middle-class male who continues to seek out ways to use the power of privilege that has been given to me in a responsible way. I think that as a community, we San Diegans must do no less.



Note: An earlier impression of this message was published on the Opinion page (B 7) in The San Diego Union-Tribune, July 15, 2016.

We Care for One Another



This Month's Birthdays

Harrell H.
Elizabeth D.
Catherine T.
Barbara M.
Michael S.
Chris V.
Elise Y.
Rick C.
Jean M.
Abby A.
Brian G.
Rose S.
Waverly R.
Sam D.
Diane N.
Bill H.
Carol C.
Andrew T.
Elise B.
Phillip T.
Amanda W.
Lani H.
Phyllis A.
Gayle V.
Andy W.

The Beach Breeze is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.

Welcome New Member

WELCOME

to Sam D., who joined our fellowship by transfer of membership on June 26, 2016.

Orientation Lunch

Are you curious about the ministries here at PB UMC? Would you like to meet some new and long time members? Do you have questions about the church? Are you considering becoming a member of PB UMC? Are you already a member and want to refresh? Does the idea of a free lunch sound appealing?

You are invited to attend a Membership Orientation Lunch on Sunday, August 14, starting at 11:45 here at the church. Please come meet with Pastor Bob and other members of the church for a light lunch, conversation, and a bit of information. Bring your questions and appetite! Yes, it really is a free lunch; we just ask that you RSVP to the church office (ChurchInfo@pbumc.org) so that we can make sure to bring enough food. We look forward to breaking bread with you!

2016 Pride Parade a Huge Hit

By Ron J. and Sidney Y.

Over the last 23 years PB UMC has enjoyed a high profile presence in the annual PRIDE Parade. There were many years when our church was the only religious entity in the event. This year, PB UMC enjoyed the company of six other religious organizations as we made our way down the packed parade route.

Our unit was led by a banner proudly declaring the presence of PB UMC, followed by a walking contingent of approximately ten people. Next in the line-up was Joe's rather sizable Jeep pulling the church float, which was adorned by "The Holy Family" (Pastor Bob and his family) and, of course, float designer Louis.



The entire PB UMC contingent included approximately twenty people who helped in various ways ranging from float construction to marching in the festivities.

It was a moving experience to see so many people gathered to reach out to the San Diego LGBTQ community with the message of God's love.

At our Festival Booth, volunteers were able to pass out many handmade crosses made by Hope A. and helpers, along with pamphlets, notepads, water bottles, and pens. This meant a lot to visitors to the booth since we, as a community, are still grieving the loss of lives in Orlando.

Through our participation this year, many people were able to learn about PB UMC.

All 2016 PRIDE photos by Joe P.

We Grow in Grace & Faith

August Youth Happenings

Sunday, August 7

- Dee and SSP will be driving home from Arizona. Youth stay in church for worship.

Tuesday, August 9

- Adventure Time with Dee. Bring \$10.00 for lunch and an attitude for fun.
Also, remember to RSVP for Thursday's Beach Day.

Thursday, August 11

- District Youth Beach Day and Bonfire. RSVP by Tuesday the 9th. We will be there all day.

Sunday, August 14

- 5:00 - 8:00 pm Dinner and a movie at church. RSVP so Dee knows how much food to prepare.

Tuesday, August 16

- Zoo Outing. Check with Dee for times and details.

Sunday, August 21

- TBA

Sunday, August 28

- Church Picnic

There will be some other activities added to the second half of August before school starts. Dee will send e-mail updates directly to youth families. If you do not receive these and would like to, please send her a note at: DeeB@pbumc.org

Note to PB UMC members and friends:

Zoo passes are needed. If you have zoo passes that you are willing to share with our youth, please get them to Dee B.



A Sunny Day at Camp Cedar Glen
Junior High Camp July 2016



Second Sunday Concerts to Resume

Get ready for a great season of music with the summer "start-up" of our Second Sunday Concert Series. On Sunday, August 14th, our own Roger S. and David F. will be joined by August K. to offer a concert of Music, Song, and Poetry in what has been labeled as their "Greatest Hits." Music selections for piano, harpsichord, organ, and flute will be featured by this talented trio in an hour of musical delights. The concert will be at 2:00 pm in the sanctuary. Ron's recommendation is to attend the second service, follow it up with a "smart beach lunch," then enjoy a dessert of delicious musical treats! Don't miss this Musical Potpourri on a breezy Summer afternoon in August.

Second Sunday Concert 2:00 pm
August 14th, 2016, In the Sanctuary

Children's Choir

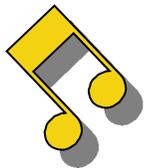
To all young songsters and parents: Get ready for our new choir year!

We will begin rehearsals for the fall on September 11th. We rehearse between services in the room across from Pastor Bob's office. All pre-school through elementary age children are WELCOME!

We will learn songs for worship, prepare an Advent/Christmas play, and have fun singing.

Questions, suggestions, offers to help?
Call or see Vicki T. or Liesl H.

LET'S KEEP OUR CHILDREN LEARNING
AND SINGING ABOUT GOD!



Bible Study Group "Toward a New Creation"

The Sunday morning Bible Study group continues during the month of August. Join them any Sunday morning at 9:00 am in the Lanai.

The readings for August are:

- August 7, Safe in God's Love, Romans 8:28-39
- August 14, Living Under God's Mercy, Romans 9:6-18
- August 21, God Prunes and Grafts, Romans 11:11-24
- August 28, Love Fulfills the Law, Romans 12:1-2; 13:8-10

We Reach Out to Others

Sunday School Happenings

By Malea S.

The theme for the younger children this month and next is "The Fruits of the Spirit."

Last Sunday our "fruit" was peace. After talking about what that meant, what the Bible says about peace, and the people that have been awarded the Nobel Peace Prize, we created a peace mural. There was a lot of discussion about which characters from Harry Potter were peaceful and they were included on the mural.

We are happy to have Amy S. back from Germany and back to teaching Sunday School! There is still room in the schedule for YOU too! The commitment is only for once a month, and we provide the curriculum. Let me know if you are interested.



Multi-Tasking 101

By Lynn N.

As many of you know, I have been working on my PhD for the past four years. I am pleased to announce my dissertation should be approved and published by Thanksgiving. Whew! However, there is a snag. This is the time of year I normally focus on fund raising for Multiple Sclerosis (MS) but my dissertation requires my time and attention. That restricts my fund-raising for MS. Diane gets her second MS treatment this month, due to progress made in research supported by fund raising. So, this is pretty important to me, and I really need your help in multi-tasking MS and my PhD.

What can you do? If you will pledge 10 cents a page toward the page count of my dissertation, I will see that 100% of it goes to the MS Society. Typically dissertations like mine range from 150 – 350 pages. So, if you can spare \$15-\$35 (give-or-take) for MS, it would mean a lot to me. I also have a page count pool you can get in on if you like, just contact me for details. Let me know if you can help me multi-task this year. People like Diane are counting on me, and I need your help making the dream of a cure for MS come true in our lifetime.

Lynn: laughagain@cox.net THANKS!

Circle of Support

Record of Generosity as of June 30, 2016

June giving – budget \$22,094	\$24,226
June other sources of income – budget \$11,421	\$ 2,262
June total available for ministry – budget \$33,515	\$26,488
June expended in ministry – budget \$33,460	\$31,543
June income minus expenses	(\$ 5,055)
YTD giving – budget \$132,562	\$121,270
YTD other sources of income – budget \$68,534	\$58,818
YTD total available for ministry – budget \$201,096	\$180,088
YTD expended in ministry – budget \$200,809	\$202,155
YTD income minus expenses	(\$22,067)
Year 2016 budget	\$401,619

Sharing the Grace of God in Worship

July 10 – 120 persons
July 17 – 111 persons
July 24 – 170 persons

Ave. Weekly (2016) – 183 persons

Joined at Christ's Table on Wednesday Nights

July 6 – 168 persons
July 13 – 176 persons
July 20 – 146 persons

Reflections from the Finance and Stewardship Team

This month's income is distorted by an issue with our rental properties. Adjusting for this timing issue, we broke even in June. The rental agent withheld June's bank deposit (and also July's) because they thought they'd be paying for major repairs on a unit that was vandalized. In fact, the church will pay these repairs directly and we expect to be reimbursed by insurance — both for repair costs and for lost income. The budget for rental income is about \$5,000 per month.

We'll receive the rental income that would have been deposited in June and July along with the August deposit on August 2. Our committees continue to prayerfully monitor expenses for the rest of the year.

Ladies Eat Out

All ladies are invited to join us for Ladies Day Out on Saturday, Aug 27, 2016, at 3 PM at Con Pane Rustic Breads and Cafe in Liberty Station, 2750 Dewey Rd #105, San Diego, CA 92106. Stop by for coffee, a sandwich, yummy bread, pastry or just great conversation. RSVP to Su-Yen at suyenk@pbumc.org so we can save you a seat!

August Communion Offering:

Strength for the Journey

Strength for the Journey was founded by the Reverend Burt All, a United Methodist minister who was himself living with AIDS. Burt had a vision of a place away from the city—away from the pressures of day to day life—where others living with HIV/AIDS could rest, relax, share, connect, play, and heal. His vision was realized in 1988 with the first Strength for the Journey retreats in Los Angeles and San Diego.

Strength for the Journey is a 5 day retreat providing a safe, caring, and healing community. It includes activities to nourish the mind, body, and soul, so that participants may return home with a renewed strength and spirit. Our own Dee B. is on staff for the San Diego retreat.



Strength for the Journey- San Diego is made possible with the generous support of congregations in the California-Pacific Conference of the United Methodist Church. This retreat is open to anyone with HIV/AIDS without regard to religion, race, gender identity, or sexual orientation.

CHURCH STAFF:

Pastor: The Rev Bob Rhodes
Office Administrator: Aimee Kay
Music Director: Ron Jessee

Sunday School Coordinator: Malea Sandstrom
Youth Ministry Coordinator: Dee Baraw

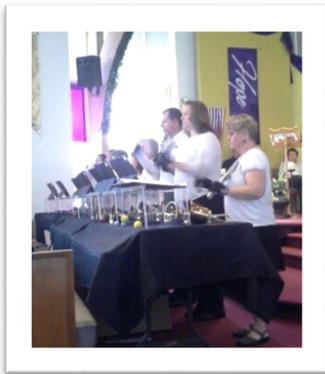
Calendar of Events

Worship Times:
9:00 am, **Worship Celebration**
10:30 am, **Worship Celebration**

Sunday Music Rehearsals:
8 am, **Voices of Praise**
(Adults & Youth)
10 am, **Children**

Week 1

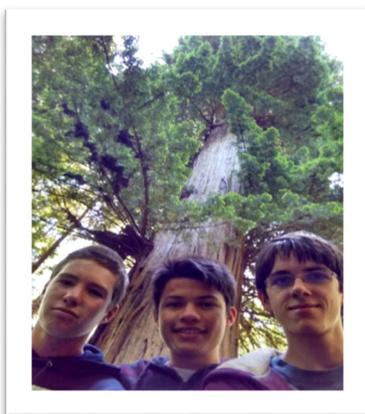
Mon, Aug 1 6:00 pm, Al-Anon
Wed, Aug 3 5:30 pm, SD Project Grace
Thurs, Aug 4 5:15 pm, Hand Bell rehearsal
7:00 pm, Choir rehearsals resume
Fri, Aug 5 7:30 pm, Narc Anon
Sat, Aug 6 9:00 am, Men's Prayer & Share
9:00 am, Prayers & Squares Quilters



Hand Bell Choir

Week 2

Sun, Aug 7 Worship, Communion Sunday
Mon, Aug 8 6:00 pm, Al-Anon
Tues, Aug 9 Youth Adventure Time With Dee
6:00 pm, Staff Parish meeting
6:30 pm, Trustee meeting
7:30 pm, Finance Committee
Wed, Aug 10 5:30 pm, SD Project Grace
Thurs, Aug 11 Youth Beach Day and Bonfire
5:15 pm, Hand Bell rehearsal
7:00 pm, Choir rehearsal
Fri, Aug 12 7:30 pm, Narc Anon
Sat, Aug 13 9:00 am, Men's Prayer & Share



Senior High Boys on SSP in June
at Smith River, CA

Photo by Dee B.

Week 3

Sun, Aug 14 Worship
11:45 am, Member Orientation Lunch
2:00 pm, Second Sunday Concert
at PB UMC
5:00 pm, Youth Movie and Dinner
at PB UMC
Mon, Aug 15 6:00 pm, Al-Anon
Tues, Aug 16 Zoo Day for the Youth
Wed, Aug 17 5:30 pm, SD Project Grace
Thurs, Aug 18 5:15 pm, Hand Bell rehearsal
Fri, Aug 19 7:30 pm, Narc Anon
Sat, Aug 20 9:00 am, Men's Prayer & Share
10:00 am, Prayers & Squares Quilters
Meet at San Diego Museum of Art for
"Quilts and Color" Exhibit



Quilt on Display at San Diego
Museum of Art

Week 4

Sun, Aug 21 Worship
Mon, Aug 22 **Beach Breeze Deadline**
6:00 pm, Al-Anon
Wed, Aug 24 5:30 pm, Storefront Ministry
5:30 pm, SD Project Grace
Thurs, Aug 25 5:15 pm, Hand Bell rehearsal
7:00 pm, Choir rehearsal
Fri, Aug 26 7:30 pm, Narc Anon
Sat Aug 27 9:00 am, Men's Prayer & Share
3:00 pm, Ladies Dine Out

Week 5

Sun, Aug 28 Worship; All church picnic
Mon, Aug 29 6:00 pm, Al-Anon
Tues, Aug 30 9:30 am, **Beach Breeze** Folding Party
Wed, Aug 31 5:30 pm, SD Project Grace

We Love and Worship God

Weekly Lectionary

The series of Methodism continues as follows:

July 31
Matthew 28:16-30, "Involved in the World"

August 7
1 John 4:19, "Grace Before Grace"

August 14
Psalm 100:1-2, "Joyful Singing"

August 21
Matthew 28:16-20, "Itinerant Preachers"

August 28
Luke 4:14-21, "A Social Creed"

Pacific Beach United
Methodist Church



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CHANGE SERVICE REQUESTED

TIME SENSITIVE MATERIAL

Meet Our Talented Voices of Praise: Lea Ann & Pat W.

By Roving Reporter, Marcia M.

This month, we are meeting Lea Ann and Pat W., members of our Voices of Praise. We met for lunch and spent two and a half hours together. Lea Ann and Pat shared their stories. I strongly recommend you chat with them to learn other fascinating details.

Lea Ann and Pat have been part of PB UMC since November 2007. They both love being part of our Voices of Praise. They said, "Ron J., our Music Ministries Director, is very versatile. He favors lots of different kinds of music and often has something new for us to perform."

In addition to our Voices of Praise, they both participate in the Worship Committee. Twenty-nine years ago, they formed WalkerVision Interarts, an audio-video production company. This family-run company does a lot for performing arts in San Diego. The first thing they did for PB UMC was the video for the Christmas musical. They do a lot of videography for Ron. They also do work for lots of organizations outside PB UMC.



They have been married for 54 years and have two children, a daughter (46) and a son (50). What is the secret to the success of their marriage? One answer is the way they handled Pat's frequent absences due to his military service the first twenty-two years of their marriage. Another is that they set out to disprove his father's prediction that it wouldn't last. The real reason: "We've complemented each other's strengths over the years."

Lea Ann told me, "I always knew I wanted to major in music, but I had terrible stage fright singing solos. So I dropped out of college and we eloped. Eventually, Pat sang duets with me helping me get over my fear of singing. I was singing in the chapel choir in Germany when the director had to leave and there was no one to take over. So I learned to direct choirs, and have been directing off and on ever since."

Pat told me, "In High School I was a ham radio operator and knew I was going to go into electronics. In addition, I loved music. In college, I joined the men's glee club and enjoyed the fraternity with the members." As a nuclear engineer and astronomy teacher, he gained a love of music and electronics. That led him to bringing together artistic, scientific, and spiritual aspects of life. "I enjoy integrating all three. It is delightful to see the connections and even the misconnections."

I hope this inspires you all to get to know these two better. Tell them Marcia sent you.