

Beach Breeze



Interfaith Guests Arrive Soon!

The time is getting near, to host our guests from the Interfaith Shelter Network! Our guests arrive on Saturday, February 20th, and will depart on Saturday, March 5th. The guests will be at the church from 5 pm in the evening to 8 am the next morning each day. As each guest leaves during the day, for work, job hunting, going to school or Sunday worship services, we will send them off with a healthy sack lunch.

There are a variety of volunteer opportunities, but the most critical needs are overnight supervisors, dinner hosts, bagged lunch donors, set-up volunteers on February 20th (including luggage and cots pick-up) and clean-up on March 5th (shelter break-down, washing bed linens). Send an email at the address below, if you want to reserve your volunteer slot. Also, a donation box is available in the narthex to collect personal care items for our guests, such as deodorant, hand and body lotion (travel size), gloves, socks, soap, toothpaste and brushes, feminine hygiene items, razors, shampoo and conditioners. There will be a volunteer orientation lunch after the 2nd worship service on Sunday, February 14, for all volunteers. or questions and inquiries please contact Ken.

All Church Family Camp Retreat

YOU are part of our church family, so you are welcome to join us for All Church Family Camp from March 4 through 6, 2016. Our retreat will be at beautiful Camp Cedar Glen in Julian, CA from March 4-6, 2016. The price is \$120 per adult and \$70 per child. That price includes 5 delicious, healthy meals, housing, our program and supplies. We will have some organized program time, but there is plenty of time for relaxing and / or enjoying the nature trails. We will also have the opportunity to try your hand at archery or climbing the rock wall at the camp on Saturday afternoon. Housing is community cabins with indoor plumbing and hot showers. The meals are delicious. If you have never been to Cedar Glen, you will be surprised at how good the food tastes. The camp staff can also work with some special diets, but you have to register and let Dee know of special dietary needs by Feb. 12 in order for them to accommodate requests. We will start camp on Friday evening, but please eat on your way to camp or bring sandwiches to enjoy when you get there. The 5 meals we will have them prepare are Saturday breakfast through Sunday lunch. If you have questions about food or housing, please ask Dee Baraw.

If you are unable to spend the weekend with us, but would like to join us for just Saturday, the cost is \$30.00 for the day. You do need to register ahead of time, so I can let camp know we will have extra folks at meals and on camp property.

All Church Family Camp is lots of fun and a great time to get to know some other people who are part of the church family. You are also welcome to invite friends and family to join us for family camp.

I hope you will be able to join us! To register, talk to Dee on Sunday morning at church.

Pastor Bob's Printed Blog

Dear Friends:

As we enter the month of February, we are not only entering into the season of the world's largest and most expensive spectacle (i.e. the Super Bowl), but also into a season of inner reflection and discernment.

Note: In preparing this article/Pastor's page, I asked my phone what specific date the Super Bowl would be played wanting to be sure it was actually in February. Not only did she affirm the February date, but she reminded me that it has been quite a while since the last "wardrobe malfunction." Feel free to file this under "Random TMI from the Pastor."

As we enter the season of Lent, we have the opportunity to retreat and to rediscover and reprioritize our faith. Many times, Jesus would withdraw from the crowds to be in prayerful conversation with God. One of the earliest times was immediately after experiencing profound temptation.

And what better time to withdraw and reflect than after the Super Bowl's extravaganza of super-star combat, elaborate productions, the occasional wardrobe malfunction, over a hundred million dollars in betting and billions more in other related spending; to say nothing of the embellished show of consumerism offered in four-and-a-half-million-dollar thirty-second increments. If this isn't temptation, I don't know what is.

And of course I'll watch it. I wouldn't miss it. I tell myself I love the game and the competition. And the truth is, I'm drawn into the other stuff too. Just like everyone else. I suppose I comfort myself in the idea that at least I know its nature.

And so it really is a great time to withdraw and to reflect and to renew and to refresh. It really is a great time to rediscover where God can already be found in our lives and in our world.

I believe that this discovery process must be undertaken in part through prayerful exploration of our sacred texts, and in the weeks before Easter it is right and appropriate to explore Jesus' final week in Jerusalem.

To this end, we will be joining in a new sermon series beginning February 14th based primarily on the book *The Last Week: What the Gospels Really Teach About Jesus's Final Days in Jerusalem* by Marcus J. Borg and John Dominic Crossan. This series will run through the end of March concluding with Easter Sunday. We will focus on the earliest Gospel's

telling of these final days looking at verses between the eleventh and sixteenth chapter of Mark.

I am hopeful that we may re-discover God's presence in our midst through faithful and prayerful study, through experiencing the stories anew, and through the opportunities to respond to Christ's invitation to build God's kingdom "on earth as it is in heaven."

May we be transformed by the God of Abraham and Jacob, the God of Esther and Ruth, the God of Paul and Timothy, the God of John Wesley and Martin Luther, the God of Rosa Parks and Dr. King, the God of Bono and Katy Perry and Pope Francis. May we be transformed by the God who lives in our hearts today and forever.





February 14

Mark II:I-II

What Kind of King is Jesus?

February 21

Mark 11:12-19

The Temple Tantrum

February 28

Mark 11:20-13:37

Trouble and More Trouble

March 6

Mark 14:1-11

The Need for a Traitor

March 13

Mark 14:12-71

A Last Supper and Gethsemane

March 20

Mark 15:1-41

The Crucifixion of Jesus

March 27

Mark 16:1-8

Resurrection

We Care for One Another



Parent's Night Out

Do you really need a date night? Just by yourselves? Could your children use a night of fun, good food, and companionship? The UMYF will host a "Parents Night Out" on Saturday, February 13, from 4:30 to 8:30 pm, at the church. Cost \$20.00 per child. Please RSVP with Dee so she can know how many to cook for and can check in about any special needs.

PBUMC Ladies Lunch/Coffee/Dinner Out!

February 20, 2016 I PM

Fig Tree Cafe, 5119 Cass Street in Pacific Beach (between Tourmaline and Sapphire) Join us for a late lunch and friendly conversation at a sweet little local restaurant.

Save the Dates - March and April PBUMC Ladies Outings...

March 19, 3 PM - Coffee at the Lazy Hummingbird in Ocean Beach
4876 Santa Monica Avenue, San Diego 92107

Awesome coffee (latte artists do some Amazing foam art!!) and desserts here!

April 16, 5 PM - Dinner at <u>Soda & Swin</u>e in Liberty Station, 2750 Dewey Road, San Diego 92106

Don't let the name fool you - great food (including vegetarian and vegan options) in a fun atmosphere. Well known for their Hen Sliders and Dirty Fries specialties!

Watch for our Evites and RSVP for the get-togethers of your choice. Contact Dart with questions or comments.

Lunch Bunch at Café Athena

Please join us for lunch on Sunday, February 28, at noon at <u>Café Athena</u>. Everyone is encouraged to come, including children. In order to have enough room at the table, please let Kathy or Hope know you plan to join us.

Café Athena is a half mile from the church, 1846 Garnet Avenue, at the back of the shopping center to the east of Vons & CVS, between Kendall and Lamont. This charming Greek restaurant is a bit hidden, next to Fed Ex Office and behind the Chinese buffet restaurant.

Communion: One Great Hour of Sharing

Our communion offering in February will help support the United Methodist Committee on Relief (UMCOR), which lays a foundation of relief and hope for disaster survivors and people in need around the world. UMCOR is solely funded by your offerings as it receives no other funding. One Great Hour of Sharing calls United Methodists to share the goodness of life with those who hurt. We care for survivors recovering from earthquakes and storms, and we invest, long term, in vulnerable communities as they recover from crisis. In doing so, we are actually ministering to Jesus, who said: "I was hungry and you gave me food to eat. I was thirsty and you gave me a drink. I was a stranger and you welcomed me. I was naked and you gave me clothes to wear. I was sick and you took care of me."

The Beach Breeze is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.

We Grow in Grace & Faith

February Youth Activities

Sunday, February 7

We will have Sunday School but no other youth activities.
 Enjoy the Superbowl with your families!

Saturday, February 13

• 4-9 pm, Youth host Parent's Night Out .

Sunday, February 14

 The youth will have a bake sale. If you want a special cookie bouquet made for someone, E-mail Dee prior to Tuesday, February 9 at: <u>DeeB@pbumc.org</u>

Sunday, February 21

 4:30 to 7 pm, UMYF will cook for and serve our Interfaith Shelter guests

Sunday, February 28

We will have Sunday School but no other youth activity.

For more information about any of these youth activities, contact Dee.

Children's Choir

We started our Winter/Spring rehearsals on January 17th, and had a great time learning "Dry Bones." The PB UMC songsters will be concentrating on songs about Bible stories and people, to present in worship. Leisl and I would love to have more children participating!

Our songsters range from ages 3 through Elementary school (the younger kids need to be able to focus for 20 minutes, or have a parent with them to assist. (And we ALWAYS like parental help/listeners!) If you have any questions about your child participating in children's choir, please talk to either Vicki or Leis!!

Let's keep our children learning and singing about God!



SUNDAY SCHOOL

Sunday School Happenings

I recently read an article by Katie Hurley (love her parenting articles! She also has a book, "The Happy Kids Handbook"). It was titled "5 Things Modern Parents are Getting Right"_and talks about how parents need to stop feeling inadequate and guilty and focus on what is going well. She suggests these five things that parents these days are getting right:

- We care about feelings: "We are teaching our kids to identify and process their big feelings, and we are teaching them how to cope when the chips; are down..."
- We're willing to learn: "We seek advice from friends, siblings, neighbors, books and trusted parenting websites. We sift through the information provided and consider change."
- We connect with our kids: "We play with them. We read with them. We take an interest in them. We shoot hoops with them. And we work hard to open the lines of communication so that they know they can come to us when life gets complicated."
- We're not afraid to fail: "We don't always get it right, but we do know that talking with our kids about that and apologizing when we make mistakes is important. We also have a sense of humor about it."
- We stand up for ourselves: "When parents remain calm and stand up for themselves they send and important message to their kids: We all have to take a stand sometimes. Never be afraid to be you."

I see a lot of positive parenting going on around our church (with parents and the extended family of our community). Let's celebrate that and continue to care, learn, connect, fail and stand up for ourselves and the children!

Bible Study Group "Holy Days"

The Sunday morning Bible Study group continues during the month of February. Join them any Sunday morning at 9 am in the Lanai. The readings for February are:

- February 7, Passover, Exodus 12:1-14
- February 14, Feast of Weeks, Leviticus 23:15-22
- February 21, Day of Atonement, Leviticus 16:11-19
- February 28, The Feast of Booth, Leviticus 23:33-43

We Reach Out to Others

"Valentine" Expressions of Love for PB UMC

The following is a compilation of letters, notes, and other communications that have been sent to PB UMC over the last 12 months. These are expressions from both individuals and groups, who have been touched by the church.

- Pew note: I have been attending services to hear your thoughtful sermons first and the choir second. But after hearing the beautiful music today, I may reverse that order! They are excellent!
- Storefront: To all of our friends at PB UMC, thank you all so much for providing shirts for the youth at Storefront. We are so grateful for your support and could not do this work without you! The homeless teens at Storefront often come in for shelter with very little belongs, so it is very important for us to be able to give them clothing and food (meet their basic needs). It helps them to feel cared about and develop more trust in adults. Thank you for your ongoing support and love the Storefront Team.
- PB UMC Congregation, while visiting San Diego for a week during Christmas we had the opportunity to worship with you on Christmas Eve. We attended the 5 o'clock service and truly enjoyed that time with you. It is a pleasure to see so many young people involved in worship. You are certainly blessed to have such talent in your church. The singing, bells, and each musical piece was inspirational. Thank you for helping make our Christmas memorable. The Posey family from Florida.
- Dear Friends at PB UMC and Campland Ladies, thank you for coordinating the wonderful holiday packets with the Christ the King Lutheran church's participation as well. All the hygiene kits and snacks will help us to provide Christmas gifts to youth in our shelter and on the streets.
- To PB UMC, John 3:16 is the reason we celebrate Christmas! Please use this gift for your Wednesday Night program for the homeless and needy. In Christian love, Richard and Lois (visitors).
- Thank you for your recent gift. The generosity of Reconciling Communities like your makes possible the lifesaving ministries of creating safe sanctuaries and just policies for people of all sexual orientations and gender identities.

Storefront Request

As you can see from the Valentine's above, PB UMC plays a large part in helping to support The Storefront, here in San Diego. Will YOU please consider joining our merry team of Storefront coordinators? The obligation is minimal – it's not you every month; the schedule rotates so that about twice a year is your turn. The commitment is a night-time delivery of dinner in Hillcrest on the fourth Wednesday of the month. Getting the food ready (whether making it, picking it up, going to the store) is done according to your schedule. Please contact Susie or the church office for all the details.

Rodney Girvin to Premier Second Sunday Concerts

Concert Pianist Rodney Girvin will kick off our Second Sunday Concert Series on February 14 with a one-hour festival of his favorite classical tunes. The concert series is designed to highlight the talents of our own homegrown musicians and to celebrate talented individual and group artists in the greater San Diego community. Rodney is one of the five staff pianists at PB UMC (brace yourselves, the others will be featured soon) and comes to us from a family of talented musicians. You may learn more about Rodney by turning to page 7. Ron Jessee recommends that you come to the second service on February 14th, enjoy a leisurely lunch with friends in the beach area and attend the short, but dynamic 2 pm concert. There is no charge for admission. A free will offering will be taken at the event. Again, here are the details:

Second Sunday Concert Series

February 14, 2016

2:00 pm

Artist: Rodney Girvin

Pacific Beach United Methodist Church

Future Concert Artists

March 2016 April 2016 May 2016 Erin Vanderhyde, Yvonne Brown and Friends Russ Sperling and *The Grossmont Wind Ensemble* Laura Williams and the Mira Mesa High School Advanced Ensemble



Circle of Support

Record of Generosity as of December 31, 2015

December giving – budget \$21,161	\$22,556
December other sources of income – budget \$11,372	\$12,122
December total available for ministry – budget \$32,533	\$34,678
December expended in ministry – budget \$32,533	\$38,291
December income minus expenses	(\$3,613)
YtD giving – budget \$253,933	\$258,468
YtD other sources of income – budget \$136,458	\$123,481
YtD total available for ministry – budget \$390,391	\$381,949
YtD expended in ministry – budget \$390,391	\$391,493
YtD income minus expenses	(\$9,544)
Year 2015 budget	\$390,391

Reflections from the Finance and Stewardship Team

We finished 2015 much as expected, with a deficit in income for Wednesday Night Ministries and a healthy surplus of giving over expenses in other respects. Thank you to all the donors who contributed to Wednesday Night this year.

The Finance Team wishes to extend its sincere thanks to Bob Hall, who has served as our auditor for many years. Bob's independent scrutiny of our financial records, as well as the professional diligence he demonstrates in this role, are essential to maintain an unimpeachable accounting of our financial transactions. His efforts should not go unnoticed!

South District News

As we say "thank you and farewell" to Mona Samuels after fourteen years of faithful service, we also say "welcome" to Susan Naslund, the new South District Administrative Assistant. Susan has a wealth of experience in office administration and a heart for mission and ministry in the United Methodist Church. Susan can be reached at the district office Monday through Thursday from 9 am to 4:30 pm. The phone number is 619-239-9980 and email is southdistrict@calpacumc.org.

Sharing the Grace of God in Worship

January 3 – 162 persons January 10 – 157 persons January 17 – 167 persons January 24 – 188 persons Ave. Weekly (2016) – 169 persons

Joined at Christ's Table on Wednesday Nights

December 30 – 95 persons January 6 – 90 persons January 13 – 135 persons January 20 – 109 persons

You Made a Difference by Lynn Nelson

Thank you to all the carolers in December. We had record participation with 32 carolers and 3 hosts in the social hall. 35 folks made sure many others were lifted up with smiles and singing. On that note (pun intended) I wanted to personally thank Dee and Joe for volunteering to drive so we could get that many carolers out to visit some special folks, and to Diane for taking the hand-off to get the social hall ready. Also a special thank you to Toastmasters Club #4405 ("Progressive Speakers") in El Cajon for providing the stuffed animals we gave to each one caroled. We gave out approximately 80 plush puppies to some very grateful folks at Summer House at Wesley Palms and Elmcroft of Point Loma, as well as 9 members of our PB UMC family that do not get out much during the holidays. All in all, and very successful and memorable holiday treat for those receiving, and giving, the gift of caroling. Thanks everyone!



CHURCH STAFF:
Pastor: The Rev Bob
Office Administrator: Aimee
Music Director: Ron

Sunday School Coordinator: Malea Youth Ministry Coordinator: Dee

Calendar of Events

Worship Times:

9:00 am, Worship Celebration 10:30 am, Worship Celebration

Sunday Music Rehearsals:
8 am, Voices of Praise
(Adults & Youth)
10 am, Children

Week I

Fri, Feb 5

Tues, Feb 2 7 pm, Shalom Council meeting Wed, Feb 3 5:30 pm, Wed Nite Ministry 5:15 pm, Hand Bell rehearsal

7 pm, Choir rehearsal 7:30 pm, Narc Anon

Sat, Feb 6 9 am, Men's Prayer & Share 9 am, Prayers & Squares Quilters



Week 3

Sun, Feb 14 Worship, Youth Bake Sale (pg. 4)

11:45 am, Interfaith orientation (pg. 1) 2 pm, Second Sunday concert (pg. 5)

Mon, Feb 15 President's Day, church office closed Wed, Feb 17 5:30 pm, Wed Nite Ministry Thurs, Feb 18 5:15 pm, Hand Bell rehearsal

7 pm, Choir rehearsal

Fri, Feb 19 7:30 pm, Narc Anon

Sat, Feb 20 Interfaith Shelter arrives at PB UMC

9 am, Men's Prayer & Share 9 am, Prayers & Squares Quilters I pm, Ladies Lunch (pg. 3)



Week 5

Sun, Feb 28 Worship

Noon, Lunch Brunch (pg. 3)

Tues, Mar I Breeze Folding party

Week 2

Sun, Feb 7 Worship, Communion (pg. 3) Tues, Feb 9 6:30 pm, Trustee meeting

6:30 pm, Staff Parish meeting 7:30, Finance Committee 5:30 pm, Wed Nite Ministry

Wed, Feb 10 5:30 pm, Wed Nite Ministry
Thurs, Feb 11 5:15 pm, Hand Bell rehearsal
7: pm, Choir rehearsal

Fri, Feb 12 7:30 pm, Narc Anon Sat, Feb 13 9 am, Men's Prayer & Share

4:30 pm, Parent's Night Out (pg, 3)



Week 4

Sun, Feb 21 Worship

4:30 pm, Youth host shelter dinner

Mon, Feb 22 Beach Breeze Deadline

Tues, Feb 23 7 pm, Growing in Faith Team Meeting

Wed, Feb 24 Storefront Ministry

5:30 pm, Wed Nite Ministry

Thurs, Feb 25 5:15 pm, Hand Bell rehearsal

7 pm, Choir rehearsal

Fri, Feb 26 7:30 pm, Narc Anon

Sat, Feb 27 9 am, Men's Prayer & Share

Thank you to our Beach Breeze production crew:

Al Aimee Judi Margaret

Jeanette

We Love and Worship God

Weekly Lectionary

February 7, Communion Sunday Exodus 34:29-35, Psalm 99, 2 Corinthians 3:12-4:2, Luke 9:28-36

February 14

Deuteronomy 26:1-11, Psalm 91:1-2, 9-16, Romans 10:8-13, Luke 4:1-13

February 21

Genesis 15:1-12, 17-18, Psalm 27, Philippians 3:17-4:1, Luke 13:31-35

February 28

Isiah 55:1-9, Psalm 63:1-8, I Corinthians 10:1-13, Luke 13:1-9



Pacific Beach United Methodist Church



1561 Thomas Avenue San Diego, CA 92109

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PIANIST RODNEY GIRVIN by Roving Reporter Marcia

This edition of Meet Our Very Talented Musicians is about Rodney Girvin, one of our extremely talented pianists. Rodney told me he grew up in San Diego and that his parents expected him and 2 sisters to learn to play the piano. So, they all started taking piano lessons at age 6. By the time Rodney was in the sixth grade, he was practicing piano 3 hours a day and continued to do so through high school. I asked how he found time to do homework, and he admitted it was difficult, but worth it. He loved the music experience. During this time, he joined the Certificate of Merit, a program made up of talented student musicians. Each year, members are evaluated by the Music Teachers' Association of California (MTAC) on their playing technique, ear training, sight reading, and performance. Based on the evaluation, members are elevated to the next level. Each level is more difficult and more intense than the previous one. Each year MTAC selects 5 or 6 high school seniors out of approximately 30,000 members to be part of the Young Artist Guild. Rodney received that honor and performed in concerts for them.



Rodney told me he went to college at University of Missouri, Columbia. He started out as a music major but after one year, he changed to History with a minor in Music. Upon graduation, he stayed in Missouri and held a variety of jobs, including real estate agent and chef, to name just a few. Part of why he changed majors was tendonitis in his hands. His fingers would get inflamed and just stop working, making playing the piano difficult. (He now finds the tendonitis manageable.) That said, even though he was no longer majoring in music, he continued to play the piano. He still loved it. He played in church, gave piano lessons, and played in a rock band. Rodney never gave up his love of music. He told me, "A couple of years after graduation, I went full circle. I felt I'd given up a lot by changing my major from music. I was doing other things from 2003 – 2013, but I decided to come home to San Diego and start a career in music." Rodney, now himself a member of MTAC, works 50 hours a week with the piano. He plays the piano for the Pacific Coast Chorale, the San Diego Community choir, the Valhalla High School choir, and the Heritage Christian School choir. When PB UMC needed an additional pianist, pianist Laura Williams introduced Rodney to PB UMC Music Director Ron Jessee. Rodney has been one of our pianists for nearly 2 years since then. In addition to those jobs, Rodney teaches 45 piano students, who are participating in the Certificate of Merit program. He also takes piano lessons himself. Rodney told me, "I love the challenge of music. I especially love the variety of classical music. I love teaching piano. I love the wide variety of piano playing techniques. I could play scales all day. Music speaks to me in ways nothing else does. Communicating music is most challenging and most rewarding. There are infinite ways to make music your own. It is just fun. I never stop learning about the piano."