

BEACH BREEZE

A Monthly Newsletter From Pacific Beach United Methodist Church

February 2017

Pacific Beach United Methodist All Church Family Camp

Who: Anyone who attends PB UMC or is a friend of someone from PB UMC. All are welcome.

Where: Camp Cedar Glen in Julian, CA, Griffin Village.

When: Friday, March 10, 2017 through Sunday, March 12, 2017.

Times: Arrive between 5:00 pm and 8:00 pm Friday. Depart Sunday after 12:30 pm.

Meals: Camp will provide 5 meals: Saturday breakfast through Sunday lunch.

Registration Fee: \$120.00 for ages 16 and up; \$ 70.00 for children ages 3 and up. Please talk to Dee B. if you would like to attend and cost is an issue.

Accommodations: We stay in cabins. The cabins have indoor plumbing and bunk beds. Campers may have to share a room with others, but Dee tries hard to make appropriate room assignments.



Hide and Seek at Camp



Program/Schedule: There is plenty of free time for relaxing and playing at camp, but we also have times of worship and reflection as a church group. The camp may also provide an activity like archery.

Archery



Sunset

To Register: Please e-mail: DeeB@pbumc.org

Dee will need to know names of all attendees, ages of children, and any dietary restrictions. The camp will meet some needs, and let us know those they cannot, but information on restrictions needs to be to Dee prior to Feb. 25.

PB UMC Administrative Council Meeting

All are invited to attend the next Administrative Council meeting on February 21, 2017, at 7:00 pm at the church.

At this meeting we will hear reports from committee chairs on current projects as well as goals for the year. In addition, the Council will address the final church budget for 2017.

The Administrative Council is responsible for planning, goal setting, implementation, and evaluation of ministries that fulfill the mission and vision of our congregation. Membership of the Council includes the pastor, officers (chair, vice-chair, secretary), chairs of each PB UMC work area, lay members to annual conference, and members-at-large. All other church members are invited to attend the meetings and participate in discussion, although only the Council members can vote.

Pastor Bob's Printed Blog

Dear friends...

Lately I've been feeling a bit nostalgic. Maybe it's the recent Christmas holiday. Maybe it's the natural introspection I've chosen to engage in following treatment for a minor skin cancer. Maybe it's parenthood. And maybe it's random. In any case, I've been feeling nostalgic.

It is perhaps this sense of nostalgia that has motivated me to spend some time considering the core of our Christian faith. Over the course of these last weeks, we have explored together "How to Be a Christian in 7 Easy Steps" based loosely on the book *What's the Least I Can Believe and Still Be a Christian?* By Marin Thielen. Beginning first with harmful elements in our tradition and history – elements that we can faithfully and thoughtfully consider and discard in light of a clearer understanding of God – we then continued to six core fundamentals of our faith: the greatest commandments, grace, God's work in the body of Christ, our call to participate in building God's kingdom on Earth, theodicy (the problem of evil), and eternal life.

Getting back to basics has been good for me, and I hope it's been helpful for you. Sometimes we need to go back and explore the core of something – even something we've been doing our entire life – and re-learn and re-vive and re-reflect. I hear sports announcers talk about going back to basics all the time, and it works in much more: art, music, cooking, etc.

In my earlier days of discovering my faith life, one of my favorite things was Shrove Tuesday. If it's a tradition you've enjoyed, I hope you'll consider participating in our Shrove Tuesday Pancake Dinner on February 28th between 5 pm and 7pm. If it hasn't been your tradition, I hope you'll consider starting a new one!

Another basic tradition that many of us have practiced takes place during the season of Lent. If you're not sure what Lent is, it's the season of forty days (not including Sundays) that lead us into Easter. Traditionally, these forty days symbolize both the forty years that the Israelites wandered in the wilderness after leaving Egypt, as well as the forty days that Jesus spent in the wilderness after being tempted. For Christians, Lent is an opportunity to grow in our understanding and experience of God by choosing

to focus ourselves particularly on the divine. In our earliest history, this was done in part through prayer and fasting. In our more recent history, we might give up a small pleasure or indulgence or we might give up a bad habit. Some of my colleagues and friends will sometimes take on a good habit or practice. In all of these cases, the ultimate point is to take specific time to turn toward and focus on God.

As we enter into the season of Lent – technically beginning on March 1st with Ash Wednesday, and beginning in a practical sense on Sunday the 5th – we will begin a new series exploring what we collectively might give up for lent. During this time, we will consider:

- March 5 – Giving Up Control
- March 12 – Giving Up Expectations
- March 19 – Giving Up Superiority
- March 26 – Giving Up Enemies
- April 2 – Giving Up Our Lives
- April 9 (Palm Sunday) – Giving Up Popularity
- April 16 (Easter Sunday) – Giving Up Death

During this time, be on the lookout for additional ways to engage your spiritual self in this exploration. We hope to offer opportunity to study as well as ways to explore our sermon topics outside the worship experience. Sermon previews are already published each week on our website and through social media, and these tools and more are intended to help us journey together deeper into these thought-provoking areas of faith.

It is my hope that – by sharing these with you several weeks before we begin – we might plan to take this journey together. Whether we embark toward discovering our faith for the first time or we rediscover our faith through nostalgia and reflection, I am confident that we can find a profound awareness of our divine creator.

Grace and peace to you...



Pastor Bob

We Care for One Another



We joyfully welcomed two new members in November
Emily and Taylor A.

Ladies Day Out Lunch

The February Ladies Lunch will be at Panda Country (Clairemont Mesa at Genesee), Saturday, February 25. We will meet at 11:30 am.

I Love this place – the Cashew Nut Chicken is my fave. Lunch combo plates are affordable. I've never had a bad meal here. Plan to join us!

For more information, contact Dart, dartr@pbumc.org.



Shrove Tuesday Pancake Dinner

Please bring your family to join us at the church on the evening of Tuesday, February 28, for a pancake dinner to celebrate Shrove Tuesday. Shrove (or Fat) Tuesday is the traditional name for the day before Ash Wednesday, the first day of Lent. It is more colloquially known as Mardi Gras, which is simply Fat Tuesday in French. It gets its name from the custom of marking the day with feasting before the fasting season of Lent begins.

Want to know more? Come on down to find out! Come for dinner and fun activities any time between 5 and 7 pm. A jar will be available to receive donations to offset costs. We look forward to celebrating together!

For a map or directions, visit <http://www.pbumc.org/events/shrove-Tuesday>.

Did You Know?

By Dick V. S.

The church has a TD Ameritrade brokerage account.

If you are interested in transferring stock to the church as a contribution, contact the church office. The office has a form for transferring stock between TD Ameritrade accounts. For other brokerage accounts, you can contact your representative to do the transfer using the church's TD Ameritrade account information.

Donating highly appreciated stock is a great way to donate and not have to pay the capital gains tax.

The *Beach Breeze* is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.

We Grow in Grace & Faith

February Youth Activities



Sunday, Feb. 5

- 4:30 pm - 7:00 pm We will provide dinner and dine with Interfaith Shelter guests.

Friday, Feb. 10 or Saturday, Feb. 11

- Creative time at Dee's house. Help decorate cookies or make jewelry or cards to sell on Feb. 12. Contact Dee directly to arrange time.

Sunday, Feb. 12

- Fundraiser - Bake sale/craft sale after each service.

Sunday, Feb. 19

- TBA

Saturday, Feb. 25

- Dee may need some help to prepare for hosting the District Event.

Sunday, Feb. 26

- Noon - 5:00 pm PB UMC UMYF is hosting District Youth Dodge Ball.

Tuesday, Feb. 28

- Come to church for dinner and the Fat Tuesday Celebration!

Looking ahead:

March 10-12 - All church Family Camp

March 19 - We are invited to join other district youth for a day retreat that will include riding the train to LA, and going to the Museum of Tolerance. It will cost about \$40.00 per person.

If you are not receiving reminders from me please let me know. I would hate for people to miss updates.

For more information on these events or our youth ministry program overall, please e-mail: DeeB@pbumc.org.

Grace Notes

Younger Folks, do you like to sing?

PB UMC's young musicians are back in action with some big changes in store. First off, our name is getting an update! With our push to be inclusive to many ages, we are now going to be called the *Grace Notes*. Come join us in the choir room Sundays between services from 10:00-10:25 am. Everyone is welcome, whether you are in preschool or high school. It is not too late to join! Just be ready to have a good time learning some songs and singing with others.

Our name change is big news but before we move forward, we need to send a big thank you to Miss Vicki, our fearless leader for 45 years...wow! She has stepped back and will be greatly missed. Her leadership, energy, creativity and love were always the force keeping our group moving forward. We send her big hugs and look forward to seeing her in the front row cheering us on for future performances. Also a special shoutout to Jesse H. who has been our fantastic rehearsal accompanist for years. He has decided to use his talents elsewhere. We will miss him as well!

If you have any questions, please contact Liesl or Steve S.

Joyful Ringers

Want to learn something new and be a part of a fun musical group? Joyful Ringers, our PB UMC Handbell Choir, resumes rehearsals Thursday, February 16, from 5:15 - 6:45 pm, just before the Voices of Praise rehearsals.

Bible Study Group "The Birthing of a New Community"

The Sunday morning Bible Study group continues during the month of February. Join them any Sunday morning at 9:00 am in the Lanai.

The readings for February are:

- February 5, Re-created to Live in Harmony, Galatians 3:26—4:7
- February 12, New Birth Brings Freedom, Galatians 4
- February 19, Freedom in Christ, Galatians 5:1—17
- February 26, Christ Creates Holy Living, Galatians 5:18—6:10

We Reach Out to Others

Sunday School News

By Malea S.

We are so happy to welcome Vicki T. and Heide T. to our team of Sunday School teachers! This is a new adventure for Vicki, and she has teamed up with her daughter-in-law who has been on the regular rotation and served as a substitute teacher. So glad to have you!

I offer this quote that I think is appropriate at this time in our history (and I think "family" can include church family!):

"The responsibility rests on the family to solve our social problems. Youth search for security. They search for answers to be found only in a good home. No national or international treaty can bring peace. Not in legislative halls nor judicial courts will our problems be solved. From the hearthstones of the homes will come the answers to our problems." *A Theodore Tuttle*

Second Sunday Concerts



Point Loma Opera Theatre

It's time to gear up for our 2017 Second Sunday Concert Series. For starters, we will be hosting **PLOT (Point Loma Opera Theatre)** in the Sanctuary at 2:00 pm on February 12. PLOT is composed of award winning young talent from Point Loma Nazarene University under the direction of Dr. Craig Johnson. These dynamic singers will perform a short but enticing program of opera solos, duets, and ensemble pieces. The singers are extraordinary and are not to be missed.

In March, we will host the **Iowa State Singers** under the direction of Dr. James Rodde. Dr. Rodde is a high school chum of Ron J.. He is a talented conductor, directing and managing five choirs that are featured at choral music conferences across the nation. This concert will be held in partnership with our neighbor, St. Andrews By The Sea Episcopal Church on the THIRD Sunday of March. Dr. Rodde's group will be with us in the 9:00 am service on March 19, and will perform the concert at St. Andrews (just down the street on Thomas) at 2:00 pm the same day. We are looking forward to an amazing day of music.



Iowa State Singers

Heartfelt Thanks to Prayers & Squares!

By Dart R.

Our talented ministry group that makes the prayer quilts recently made a beautiful pink baby girl blanket for a friend's newborn. Baby Olivia, "Lola", arrived early and was quite a surprise. My friend and I mentioned her to Florence S. and she said the group would be happy to make baby Lola a special prayer quilt! Many prayers were said on Lola's behalf, and she is now growing and thriving. So Awesome! What a blessing! Her family will cherish the baby blanket, and our church family is now connected to her family in a special way. I am certain our God is pleased.

Note: As we were going to press, Dart saw this post from the mother on Facebook:

"I have been so blessed this past year and I can't thank God enough!! Thru His eyes a church which my aunt visits in San Diego heard my story and decided they would make a quilt for my little girl. They make this quilts with love, hope and prayers and each knot in the quilt represents a prayer that was said for her. To the wonderful ministry who took time to make and pray for her, I will forever be grateful! Thank You Pacific Beach United Methodist Church."

Circle of Support

Preliminary December 2016 Record of Generosity

	Budget	Actual
December giving	\$22,095	\$28,078
December other sources of income	\$11,421	\$11,185
December total available for ministry	\$33,518	\$39,263
December expended in ministry	\$33,481	\$34,471
December income minus expenses	\$37	\$4,792
YTD giving	\$265,126	\$239,784
YTD other sources of income	\$136,493	\$155,835
YTD total available for ministry	\$401,619	\$395,619
YTD expended in ministry	\$401,619	\$435,111
YTD income minus expenses	\$577	(\$39,492)
Year 2016 budget	\$401,619	

Sharing the Grace of God in Worship

December 24 – 239 persons
(Christmas Eve)
December 25 – 81 persons
(1 service)
January 1 – 88 persons
(1 service)
January 8 – 138 persons
January 15 – 141 persons
January 22 – 218 persons
January 29 – 162 persons

Joined at Christ's Table on Wednesday Nights

December 28 – 125 persons
January 4 – 125 persons
January 11 – 130 persons
January 18 – 138 persons
January 25 – 147 persons

Reflections from the Finance Team

Whew! After a grueling four-hour session in January, the Finance Team put together a balanced budget for 2017. The next step is approval by the Administrative Council. We are projecting income and expenses of \$403,818. Yes, this is a small increase from last year, but our income projections are based more solidly on pledged income and much less on optimism. Thank you to the nameless donors who have stepped up their pledged income to continue our treasured ministries! Blessings on each of you.

Thank you, also, to the donors who stepped up their giving to help close out 2016 with a smaller loss than we would have seen. The December 2016 table is preliminary, because each year we closely review our books and make final corrections and adjustments before closing out the year. There may be a small change in the final income minus expenses, but no change to the big picture.

Continued care will be needed to hold to our 2017 budget. And Shoreline Services always needs any tips for grants or donations you can send our way. Here's to a new year!

February Communion Offering: Human Relations Day

Our communion offering February 5, 2017, will benefit Human Relations Day, one of six United Methodist Church special Sundays. Proceeds from this special offering are allocated by the treasurer of the UMC General Council on Finance and Administration to:

- Community Developers (neighborhood ministries)
- United Methodist Voluntary Services (community advocacy)
- Youth Offender Rehabilitation Program (work with at-risk teens)

CHURCH STAFF:

Pastor: The Rev Bob Rhodes
Office Administrator: Aimee Kay
Music Director: Ron Jessee

Sunday School Coordinator: Malea Sandstrom
Youth Ministry Coordinator: Dee Baraw

Calendar of Events

Worship Times:
 9:00 am, Worship Celebration
 10:30 am, Worship Celebration

Sunday Music Rehearsals:
 8 am, Voices of Praise
 (Adults & Youth)
 10 am, Grace Notes

Week 1

Wed, Feb 1 5:30 pm, SD Project Grace
 Thurs, Feb 2 7:00 pm, Choir rehearsal
 Fri, Feb 3 7:30 pm, Narc Anon
 Sat, Feb 4 9:00 am, Men's Prayer & Share



Some UMYF Participants 2016

Week 2

Sun, Feb 5 Worship, Communion Sunday
 10:00 am, Grace Notes rehearsal
 Downstairs Room 100 (place change)
 12:30 pm, GriefShare
 4:30 pm, UMYF (p.4)
 Mon, Feb 6 6:00 pm, Al-Anon
 Wed, Feb 8 5:30 pm, SD Project Grace
 Thurs, Feb 9 7:00 pm, Choir rehearsal
 Fri, Feb 10 7:30 pm, Narc Anon
 Youth Creative Time (p. 4)
 Sat, Feb 11 Interfaith Shelter Guests Depart
 9:00 am, Men's Prayer & Share
 Youth Creative Time (p. 4)

Week 4

Sun, Feb 19 Worship
 10:00 am, Grace Notes rehearsal
 12:30 pm, GriefShare
 Youth Activity (p. 4)
 Mon, Feb 20 *Beach Breeze* Deadline
 6:00 pm, Al-Anon
 Tues, Feb 21 6:00 pm, Staff Parish meeting
 7:00 pm, Administrative Council Meeting
 (p. 1)
 Wed, Feb 22 5:30 pm, Storefront Ministry
 5:30 pm, SD Project Grace
 Thurs, Feb 23 5:15 pm Handbell Choir rehearsal (p. 4)
 7:00 pm, Choir Rehearsal
 Fri, Feb 24 7:30 pm, Narc Anon
 Sat, Feb 25 9:00 am, Men's Prayer & Share
 11:30 am, Ladies Day Out (p. 3)
 Youth help prepare for District event (p. 4)



Older Youth Sunday School Class 2016

Week 3

Sun, Feb 12 Worship
 Youth Fundraiser (p. 4)
 10:00 am, Grace Notes rehearsal
 Upstairs Choir Room
 12:30 pm, GriefShare
 2:00 pm, 2nd Sunday Concert (p.5)
 Mon, Feb 13 6:00 pm, Al-Anon
 Tues, Feb 14 6:30 pm, Trustee meeting
 7:30 pm, Finance Committee
 Wed, Feb 15 5:30 pm, SD Project Grace
 Thurs, Feb 16 5:15 pm Handbell Choir rehearsal (p. 4)
 7:00 pm, Choir rehearsal
 Fri, Feb 17 7:30 pm, Narc Anon
 Sat, Feb 18 9:00 am, Men's Prayer & Share



Waiting for Sunday Service 2016

Week 5

Sun, Feb 26 Worship
 10:00 am, Grace Notes rehearsal
 Noon, UMYF Hosts District Youth (p. 4)
 12:30 pm, GriefShare
 Mon, Feb 27 6:00 pm, Al-Anon
 Tues, Feb 28 9:00 am, *Beach Breeze* Folding Party
 5:00 pm, Shrove Tuesday Pancake
 Dinner (p. 3)

We Love and Worship God

February Scriptures

How to Be a Christian in 7 Easy Steps

February 5, John 13:1-5,13-17 “Jesus’ Example: What Brings Fulfillment?”

February 12, Matthew 27:27-31 “Jesus’ Death: What About Suffering?”

February 19, Matthew 28:1-7 “Jesus’ Resurrection: Is There Hope?”
Completion of Series

February 26, Exodus 24:12-18; Psalm 99;
2 Peter 1:16-21; Matthew 17:1-9

Pacific Beach United
Methodist Church



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Meet Judi Patterson From Our Voices of Praise

By Roving Reporter Marcia M.

I recently had lunch with Judi P. I am sharing a part of what I learned about her with you.

Judy retired from Grossmont College in 2000, where she taught English for 36 years. She told me, “I loved teaching, especially literature and creative writing.”

When I asked her how she found out about PB UMC, she said, “I owe it all to Ron J. He became a vice principal at Grossmont. And unlike the stereotypical VP, he seemed more interested in art, music, and literature than in sports. He invited those of us in the English Department to attend a PB UMC piano/organ concert. I loved the concert, was warmly welcomed by everyone, and consequently decided to attend church. PB UMC definitely felt good to me, especially the singing at the beginning of the service. I immediately noticed Hope, who seemed especially joyful, and I decided I would love to sing in the choir with her. That’s exactly what came to pass, and a few months later I joined PB UMC. And all because Ron cared enough to ask some of his colleagues to come to a concert at church. That’s pretty amazing.”

I asked her about being part of the choir. Judi said “Ron always emphasizes we are not merely ‘performing.’ Instead, we are ministering to the congregation. He reminds us to pronounce our consonants so the congregation understands the words we are singing.” She added, “Each choir rehearsal ends with a prayer circle. We are almost a family, and are very supportive of each other.”

When I asked if there was anything else she’d like to share with us, she told me, “I am currently learning to speak Italian. I love to read, walk, write, play the piano, go to the theatre, and spend time with my friends and family.”

We are lucky to have a member like Judi, who is so much fun and who has so many talents.

